

list of local organizations searching for volunteers



## **Addiction & Mental Health Services KFL&A**

https://amhs-kfla.ca/get-involved/volunteering/

## **Almost Home**

https://almosthome.on.ca/volunteer/

## **Alzheimer Society of Kingston**

https://alzheimer.ca/kfla/en/take-action/volunteer

## **Bereaved Families of Ontario – Kingston**

https://bfo-kingston.ca/volunteer/

## **Beyond Classrooms - Kingston**

https://www.beyondclassrooms.ca/

## **BGC South East**

https://www.bgcsoutheast.ca/get-involved/volunteer

## **Big Brothers Big Sisters Kingston**

https://kingston.bigbrothersbigsisters.ca/

## **Birthright Kingston**

http://www.kingstonbirthright.ca/volunteers.html



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### **Camp Outlook**

https://www.campoutlook.ca/

## **Canadian Blood Services - Kingston**

https://www.blood.ca/en/ways-donate/volunteering

## **Canadian Cancer Society**

http://www.cancer.ca/en/get-involved/volunteering/ways-to-volunteer/?region=on

## **Canadian Diabetes Association Southeast Ontario Region**

https://www.diabetes.ca/get-involved/volunteer

## **Cataraqui Region Conservation Authority**

https://cataraquiconservation.ca/pages/volunteer

## **Centre for Abuse and Trauma Therapy**

https://www.centrefortherapy.ca/volunteer

## **City of Kingston**

https://www.cityofkingston.ca/careers-and-volunteering/

#### **CNIB**

https://www.cnib.ca/en?region=on\_east

#### **Community Foundation for Kingston & Area**

https://cfka.org/volunteer-opportunities/

#### **Community Living Kingston and District**

https://myclkd.ca/

## **Dawn House Services and Housing for Women**

https://www.dawnhouse.ca/

## **Dress for Success Kingston**

https://kingston.dressforsuccess.org/

## **ElderDog Canada - Kingston Pawd**

https://elderdog.ca/

## **Epilepsy Southeastern Ontario**

https://www.epilepsyresource.org/get-involved/volunteer/



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## **Extend-A-Family Kingston**

https://www.eafkingston.com/

## Family and Children Services of Frontenac Lennox & Addington

https://www.facsfla.ca/work-with-us/volunteer

### **Gananoque District Humane Society**

https://www.ganhumanesociety.ca/volunteer.html

## Girls Inc. of Limestone, Algonquin and Lakeshore

http://www.girlsinclimestone.ca/Volunteer.html

#### **Habitat for Humanity Kingston**

https://habitatkingston.com/get-involved/volunteer-with-us/

#### **H'art Centre**

https://www.hartcentre.ca/

### **Home Base Housing**

http://kingstonhomebase.ca/employment-and-volunteer-opportunities/

#### **ISKA**

http://www.teslkingston.org/volunteering/

## **John Howard Society of Kingston**

https://johnhoward.on.ca/kingston/volunteers/

#### **KEYS Job Centre**

https://keys.ca/support/volunteer.php

#### **KFL&A Public Health**

https://www.kflaph.ca/en/about-us/employment-and-volunteering.aspx

#### **Kingston Animal Rescue**

https://www.kingstonanimalrescue.com/volunteer

## **Kingston Community Health Centre (KCHC)**

https://kchc.ca/about/volunteering/

## **Kingston Family Military Resource Centre**

https://www.cafconnection.ca/Kingston/In-My-Community/Volunteering/Become-a-KMFRC-Volunteer.aspx



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## **Kingston Frontenacs**

https://kingstonfrontenacs.com/game-day-volunteers

## **Kingston Frontenac Public Library**

https://www.kfpl.ca/support-your-library/volunteering-at-the-library

### **Kingston Grand Theatre**

https://www.kingstongrand.ca/donate-and-support/volunteer

## **Kingston Health Sciences Centre (KHSC)**

https://kingstonhsc.ca/working-and-volunteering/volunteer-khsc

#### **Kingston Humane Society**

https://kingstonhumanesociety.ca/support-donate/become-a-volunteer

#### **Kingston Interval House**

http://kingstonintervalhouse.com/how-to-help/volunteer/

### **Kingston Police**

https://www.kingstonpolice.ca/en/careers-and-volunteer/volunteering.aspx

## **Kingston Youth Shelter**

https://kingstonyouthshelter.com/volunteer-opportunities/

## **Kingston 4 Paws Service Dogs**

https://kingstonservicedogs.ca/volunteer-opportunities/

## **Loving Spoonful**

https://www.lovingspoonful.org/volunteer

## Lunch by George - St. George's Kingston

https://lunchbygeorge.ca/volunteer/

#### Martha's Table

https://marthastable.ca/

## Ongwanada

https://www.ongwanada.com/support-us/volunteer/

#### **Partners in Mission Food Bank**

https://www.kingstonfoodbank.ca/giving/volunteer



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#### **Providence Care**

https://providencecare.ca/careers-volunteering/volunteer/

#### **Pumphouse Museum**

https://www.kingstonpumphouse.ca/get-involved/volunteer

## **Queen's University - Career Services**

https://careers.queensu.ca/students/want-build-experience/volunteer

## **Canadian Red Cross**

https://www.redcross.ca/volunteer/apply-now

## **Ryandale Transitional Housing**

https://ryandale.ca/getinvolved/

## **Salvation Army Kingston**

https://sacfs.ca/ways-to-get-involved/volunteer

### **Seniors Association Kingston**

https://seniorskingston.ca/volunteer

## **Sexual Assault Centre Kingston**

https://www.sackingston.com/volunteer

## **Southern Frontenac Community Services**

https://www.sfcsc.ca/volunteer

#### St. John Ambulance

https://www.sja.ca/en/community-services

## St. Vincent de Paul Society Kingston

https://www.svdpkingston.com/volunteers/

#### **Sustainable Kingston**

https://www.sustainablekingston.com/volunteer-opportunities

## The Shoebox Project for Women

https://www.shoeboxproject.ca/volunteer/main

## **United Way KFLA**

https://volunteerkfla.ca/



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#### **Well Suited**

https://www.wellsuitedkingston.com/home/volunteering

## **YMCA Kingston**

https://eo.ymca.ca/get-involved#volunteer

## **Youth Diversion Kingston**

https://www.youthdiversion.org/volunteer/