



Dear SLC Students:

Welcome to the YMCA of Eastern Ontario! We are delighted that you are able to access our facilities through St. Lawrence College and hope to see you soon.

There are a few things to know before you arrive.

Vaccinations and ID

- The first time you come to the Y, you will have to show your 2nd vaccination certificate along with a piece of ID. This is the vaccination receipt that you received via email following your second vaccination. You can also get your receipt [online](#).
- You are required to show your student ID card. If you forget to bring it, another piece of photo ID can be used.
- The province requires anyone with a **medical exemption** to bring a doctor's note as proof until the exemption can be incorporated into the new app.
- Please note that members will have to bring their vaccination certificate or doctor's note only once and that **we will not be keeping your certificates on file**.

Covid protocols

- Covid protocols are in place and are updated as needed.
- You must maintain safe social distancing of 2m, wear a mask at all times when not actively working out and sanitize equipment and machines before and after use.
- Remember that locker rooms can get busy so allow yourself extra time in case you have to wait to access a locker or shower stall due to the need for social distancing.

Where to find YMCA information

- You can find schedules, building hours and information about what we offer on our [website](#).
- Our friendly membership services staff are also available to answer your questions at brk.membership@eo.ymca.ca or 613-342-7961.
- You can also follow us on social media: [Facebook](#), [Twitter](#), [Instagram](#).

Don't hesitate to reach out to us with any questions.

I look forward to seeing you at your Y!

Sincerely,

A handwritten signature in black ink, appearing to read 'Emily Wimpenny'.

Emily Wimpenny
GM, Brockville YMCA