

Accessibility Services: STUDENT REFERENCE GUIDE

2026/2027 Academic Year

It is recommended that all students who are registered with Accessibility Services read this handbook.

Please contact your campus Student Wellness & Accessibility office if you have any questions about the information contained in this guide.

St. Lawrence College is committed to making our resources fully accessible to all persons. This document will be made available in alternative format upon request.

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Student Wellness & Accessibility Offices

Brockville Campus

2288 Parkedale Avenue
Brockville, ON K6V 5X3
Room 210A

Phone: 613-345-0660
ext. 5504

Fax: 613-548-7793

Cornwall Campus

2 St. Lawrence Drive
Cornwall, ON K6H 4Z1
Room M1440

Phone: 613-933-6080
ext. 5504

Fax: 613.548.7793

Kingston Campus

100 Portsmouth Avenue
Kingston, ON K7L 5A6
Room 01230

Phone: 613-544-5400
ext. 5504

Fax: 613-548-7793

Office Hours: Monday – Friday, 8:00 AM to 4:00 PM

Email: swa@sl.on.ca



Booking Appointments: Frequently Asked Questions

Q: Who is my Counsellor/Accessibility Advisor?

A: When you contact Student Wellness & Accessibility Services for the first time, an appointment will be set up for you to meet your Counsellor/Accessibility Advisor, who will discuss your disability-related needs with you.

Q: How do I book an appointment with Student Wellness & Accessibility?

A: Please contact Student Wellness & Accessibility office by email swa@sl.on.ca, by phone, or drop-in to book appointments with your Counsellor/Accessibility Advisor.

Q: Can I book regular appointments?

A: Your Counsellor/Accessibility Advisor will speak to you about your individual needs and will make recommendations regarding frequency of appointments.

Q: What if I need to cancel an appointment?

A: Please contact Student Wellness & Accessibility by phone or email as soon as you become aware that you need to cancel your appointment. We ask that you give at least 24 hours' notice to cancel or reschedule an appointment. This allows another student the opportunity to book an appointment if possible.

Missed appointments may result in a delay in service and/or a delay in the implementation of your accommodations. It is important that you actively engage in discussions with your Counsellor/Accessibility Advisor about your needs in order to ensure timely supports are in place for you.

Q: What if I am late for an appointment?

A: Please contact Student Wellness & Accessibility immediately to determine whether the meeting can still occur at that time or whether it needs to be rescheduled. Your appointment may be rescheduled to ensure that there will be sufficient time to adequately address all your questions and/or concerns.

Academic Accommodations Explained

Students with temporary, persistent and prolonged, or permanent disabilities or functional limitations (as defined in Section 10 (1) of the [Ontario Human Rights Code, 1990](#)¹) can access individually designed supports and accommodations to meet their academic and placement needs. The goal of Student Wellness & Accessibility is to address the attitudinal, informational, communication, technological, organizational, and physical barriers that can hinder the success of students with disabilities as they strive to achieve their educational, personal and career goals.

Academic Accommodations provide support to all students with disabilities, whether temporary, persistent and prolonged, or permanent, with valid documentation. An **accommodation** is a change in the typical way a student is expected to learn, complete tests or take part in class. Accommodations can include things like alternative reading formats or physical changes to the classroom.

Accommodations are based on documented functional limitations that interfere with academic functioning, keeping in mind specific program requirements. Students who receive accommodations must still meet the essential course and program requirements to be successful. This means that two people with the same diagnosis might have different accommodations due to the unique aspects of their circumstances and the courses they are taking. Accommodations provided to our students with disabilities equalize the learning environment. They do not guarantee success and do not provide an advantage - they simply "level the playing field".

Examples of Common Accommodations:

- Access to the Test Centre
- Extra time for tests/exams
- Permission to record learning experiences

Some other accommodations are explained below in further detail.

¹ Ontario Human Rights Code: <https://www.ontario.ca/laws/statute/90h19>

REDUCED COURSE LOAD

Students with a **persistent and prolonged or permanent disability** who are registered with Student Wellness & Accessibility have the option of taking a reduced course load. A reduced course load means that students take a smaller number of courses each semester, and then add semesters onto the end of their program. For example, if a student is in a one-year program and decides to take a 50% course load, the program becomes two years. There is a tuition subsidy (discount) for the additional semesters, for eligible students. The amount of government funding might depend on whether the disability is persistent and prolonged or permanent. Students on a reduced course load maintain full-time student status as long as the course load remains between 40% and 100% of a full course load. Full time student status means that students remain full time for OSAP purposes and retain other full time student benefits such as the bus pass, health plan, and so on. To discuss this option, contact Student Wellness & Accessibility. If it is determined that a reduced course load will best support your academic success, you will need to complete some forms at Student Wellness & Accessibility before it becomes official and before you withdraw from any courses. After the forms have been completed, you will be required to meet with your Program Coordinator to discuss your new program plan.

TEST CENTRE

If you are registered with Student Wellness & Accessibility and have the *Test Centre* accommodation, your default location for your quizzes/tests/exams is the Test Centre.

If you have the *Test Centre Upon Request* accommodation, you have chosen your default location to be the classroom.

Notify your faculty **at least 5 business days** prior to the assessment if you choose to change your test location (Test Centre to classroom or classroom to Test Centre).

Writing Quizzes/Tests/Exams in the Test Centre

The Test Centre provides a secure testing environment for students with disabilities whose needs cannot be met in the classroom. The Test Centre can accommodate digital, paper-based, and online tests.

Tests written in the Test Centre are scheduled by your faculty member; you do not need to reserve a spot in the Test Centre.

Student Expectations in the Test Centre

Before Your Assessment

Students writing in the Test Centre will be **required** to show a valid SLC student **ID** card or government-issued photo ID.

Students should **arrive 5-10 minutes before** their scheduled assessment to check in and get seated.

Students who arrive late may not be compensated for missed time, and permission to begin an assessment after a late arrival may be subject to faculty approval.

Students are encouraged to use the washroom **before** their test starts. Washroom breaks taken during the test will be timed, monitored, and reported back to faculty.

During Your Assessment

Students are expected to **notify Test Centre staff immediately** if there are any **issues or errors** with their test, their accommodations (as applicable), and/or their equipment.

All students are held to **academic integrity standards** established by their Program and/or the College. Students are monitored by video recording and active invigilation by Test Centre staff.

Students are expected to follow Test Centre Expectations, instructions from faculty, and direction from Test Centre staff before, during, and after testing, while in the Test Centre. Failure to do so may result in immediate termination of the assessment and reporting to the Faculty and appropriate College Administration.

Important Reminders

The Test Centre is a **Scent-Reduced Zone**. Please be respectful of others and **avoid scented products**.

Students are required to bring their own testing supplies such as pencils, erasers, and pens.

All supplies, pockets, footwear, and any other items brought into the Test Centre may be subject to inspection by Test Centre staff.

In case of emergency (e.g., fire alarm, lockdown), students must follow instructions of the Test Centre staff.

Not Permitted in the Testing Room

- Personal **electronic devices** of any kind
 - Including cell phones, tablets, external drives, laptops, music/audio players, headsets, ear buds, smartwatches, fitness monitors, wristwatches, smart glasses or any device identified as inappropriate by Test Centre staff.

- All devices must be turned **OFF** and placed in the designated storage area.
- Talking or disruptive sounds in the Test Centre.
 - No communication in any form is permitted with other students.
- Unauthorized materials, including notes, paper, or books.
- Coats, outerwear, jackets, ponchos, or other loose or pocketed clothing permitted (consult Test Centre staff for clarification, as required).
- Bags, purses, or backpacks.
- Pencil cases, eye glass cases, accessory cases, or other types of closed cases.
- Food or beverages, or open containers.
 - Only water in a closed, clear contained is permitted in the Test Centre.

Monitoring Your Test Time

Digital Tests

- Built-in timer displayed in the testing platform (e.g., Blackboard Ultra).
- Approved extra-time accommodations for tests are normally pre-programmed by the instructor.
- The assessment will time out automatically when the timer ends.

Paper-Based Tests

- Physical timers are available and provided by Test Centre staff, by request.
- Start and end times are recorded by Test Centre staff for each student.
- Time overages are reported to the student and the faculty by the Test Centre staff.
- A reminder at the 15-minute remaining mark can be provided by Test Centre staff and should be requested by the student before the assessment begins.

Student Responsibilities

- **Request assistance** from Test Centre staff if timing appears incorrect.
- **Monitor your time** throughout your assessment.
- Finish your test within the timeframe permitted for your assessment.

Campus	Room	Email
Brockville	212	testcentrebrockville@sl.on.ca
Cornwall	M1420/M1430	testcentrecornwall@sl.on.ca
Kingston	22160	testcentreakingston@sl.on.ca

ALTERNATIVE FORMAT TEXTBOOKS

Students who have a confirmed perceptual disability are eligible to receive their educational materials in alternative format (also called 'altformat' or 'altmedia'). According to the [Canadian Copyright Law, Section 32](#)², students with perceptual disabilities include those who have:

- Visual disabilities
- Difficulty processing print due to a learning disability
- Difficulty reading due to illness
- Difficulty with concentration due to short term memory loss
- Difficulty physically handling books or turning pages

To request textbooks and other educational materials in alternative format, an online form needs to be submitted with proof of purchase. Please follow these steps:

Step 1: Save a copy of your receipt(s) for the textbooks that you require in an alternative format.

A scan or clear photo of your receipt or forwarded email receipt is acceptable. If you do NOT have your book receipt(s), please send an email to altmedia@sl.on.ca to explain your situation.

Step 2: Open and complete the [online Alternative Textbook & Educational Materials Request Form](#)³, attach the item(s) from Step 1, and submit the form.

* If you receive an error message when submitting photos of your receipts via the online form, remove your uploaded photos and submit the form without them. Then, send your photos directly to altmedia@sl.on.ca using your student email, and we will make sure that the application form and supporting information are linked.

If you need assistance in requesting your books in altformat, please email altmedia@sl.on.ca.

² Canadian Copyright Law, Section 32: <https://laws-lois.justice.gc.ca/eng/acts/C-42/page-1.html>

³ Online Alternative Textbook Request form: <https://stlawrencecollege.ca/forms/alternative-format-textbook/>

Accommodations: Frequently Asked Questions

Q: I have an accommodation to write my tests in the Test Centre. What if I want to write my test in the classroom instead?

A: You can change the location for quizzes/tests/exams (Test Centre to classroom or classroom to Test Centre) as long as you notify your professor by email at least **5 business days** before the scheduled date. For paper-based assessments, faculty are not obligated to have extra copies of tests in the classroom and therefore if you show up to write your test in the classroom without giving notice to your faculty, you will likely be told you need to go to the Test Centre to write the test.

Q: I have accommodations in place, but I find I'm struggling academically. What can I do?

A: Make an appointment with Student Wellness & Accessibility to review supports available. The earlier you get in touch with Student Wellness & Accessibility, the better it will feel to get things on track.

Also consider contacting the Academic Support Centre and/or applying for a Peer Tutor. See pages 26 of this guide for more information about these resources.

Q: Am I required to use the services and accommodations available to me?

A: No. Your accommodations are designed to meet your disability-related needs, but those needs may vary depending upon the format of your course. As such, you may find that there are times when you choose not to use the available supports and accommodations. In these cases, we strongly encourage you to speak to your Counsellor/Accessibility Advisor about your decision.

Q : I want to get a tutor; how do I do that?

A : Visit this link to request a peer tutor, free of charge: [Peer Tutoring Program](#)⁴.

Q : One of my friends has an accommodation that I want. How do I get it added to my accommodations?

A : The accommodation process is an individualized process, based on the student's needs and the disability documentation provided by the student. This means that students are eligible for only the accommodations that are appropriate to their individual needs, and accommodations will be different for different students. If you would like to review your accommodations, please book an appointment with Student Wellness & Accessibility. Sometimes students decline an accommodation but later realize it would be helpful for them. Students in that situation remain eligible for the accommodation and can inform Student Wellness & Accessibility at any time that they would like to access that accommodation. A student's accommodations can be changed at any time in the semester, provided any accommodation changes are supported by the documented functional need or limitation. If you have new or additional disability documentation you would like Student Wellness & Accessibility to consider, please provide it to Student Wellness & Accessibility at the time of booking the appointment.

Q : I'm in my first year of a 2-year program. Will faculty have access to my academic accommodations next year?

A : Your academic accommodations are available to faculty listed on your St. Lawrence College timetable, as long as your accommodations are active.

- If your accommodations do not indicate an expiry date (i.e., "Permanent"), they remain active and available to your faculty for the 2026/2027 academic year unless you notify Student Wellness & Accessibility that you wish to terminate your accommodations. This process is subject to change in future academic years.
- If your accommodations have an expiry date (i.e., "Interim" or "Temporary"), they will be active and available to your faculty until the date indicated. If you would like to explore eligibility to access accommodations and/or alternate supports, beyond the indicated date, contact Student

⁴ Peer Tutoring Program: <https://www.stlawrencecollege.ca/services/academic/peer-tutoring>

Wellness & Accessibility.

Q : I provided Student Wellness & Accessibility with disability documentation to get accommodations. Do I need to provide that documentation every year?

A : If you have provided documentation indicating a “**permanent disability**”, you do not have to provide any further documentation to receive ongoing accommodations. However, if your needs change, you may be required to provide additional or updated documentation. If you are not sure if you provided documentation that indicates a “permanent disability”, please check with your Counsellor/Accessibility Advisor.

If you have provided documentation indicating a “**persistent or prolonged disability**” without expiry noted by your health care provider, you do not have to provide any further documentation to receive ongoing accommodations. However, if your needs change, you may be required to provide additional or updated documentation. Where an end date is indicated by your health care provider, accommodations will be provided for the period of time indicated. You will need to provide Student Wellness and Accessibility with updated documentation to receive accommodations beyond the identified expiry date. If you are not sure if you provided documentation that indicates a “persistent or prolonged disability”, please check with your Counsellor/ Accessibility Advisor.

Interim Accommodation Status: This category includes students who are in the process of obtaining disability documentation (e.g., awaiting results of a psycho-educational assessment) or whose regulated health professional has indicated a chronic disability with a review date. In this situation, students have an expiry date indicated on their accommodations. Students will need to provide Student Wellness and Accessibility with updated documentation to receive accommodations beyond the expiry date.

Temporary Accommodation Status: This category includes students who require accommodations on a short-term basis (e.g., a student breaks an arm and requires a note-taker or a scribe for a few weeks). Students will be provided accommodations for the period of time indicated on their medical documentation and will need to provide Student Wellness and Accessibility with updated documentation to receive accommodations beyond the expiry date.

Q : Do I have to disclose my disability to my faculty?

A : No, the choice to disclose is entirely yours. Your faculty will be aware that you need accommodations when they receive access to your accommodations. However, they do not receive any information about your disability. In some circumstances, however, disclosing the nature of your disability could be very helpful to you and your faculty for the purposes of arranging some accommodations. You are encouraged to speak with Student Wellness & Accessibility at any time if you have questions or concerns about disclosing your disability to anyone outside of the Student Wellness & Accessibility office.

Q : What should I do if my faculty is not implementing my accommodations as I thought they would?

A : Student Wellness & Accessibility formally approves your academic accommodations. Faculty are expected to honour your accommodations, but sometimes misunderstandings can occur. You are encouraged to communicate your concerns to your faculty and/or contact Student Wellness & Accessibility as soon as possible to help you resolve the issue.

Q : Will taking a reduced course load affect my eligibility for Ontario Student Assistance Program (OSAP) funding, including disability-related grants/bursaries?

A : For individual questions and case review, please contact your Financial Aid Advisor (also known as your "OSAP Rep") for more information and guidance about funding eligibility.

Q : What if I become ill or the symptoms of my disability become so severe that I need to withdraw from my program and come back later?

A : If you are not sure whether to withdraw or not, we encourage you to come to Student Wellness & Accessibility to discuss your situation. If you decide to withdraw, we will guide you to complete an Academic Withdrawal Form. You then have the option to submit a Medical/Compassionate Withdrawal Form to Student Wellness & Accessibility. This documentation is signed by your Regulated Health Care Professional if they support the medical withdrawal. This documentation

process allows you to request a) a partial refund of your tuition fees (you will still be charged the administration fee and the ancillary fees), and/or b) replace any F (Fail) grades with W (Withdrawal) grades on your transcript (so that your withdrawal does not adversely affect your Grade Point Average). You can access the necessary forms, and guidance on the process, at Student Wellness & Accessibility.

Q: What if I have a medical emergency and I miss a due date or a test?

A: Contact your faculty or, if needed, Student Wellness & Accessibility, to discuss your situation as soon as possible. Where appropriate, medical documentation may be required (and should only be submitted to Student Wellness & Accessibility, not your faculty) regarding time missed for medical reasons.

How to View Your Accommodations

1. Login to SLC.me Student Portal:

- Access your SLC.me student portal by entering your login credentials.



Fig 1: SLC.me Login page.

2. Click on Academic Records:



Fig 2: Student Homepage.

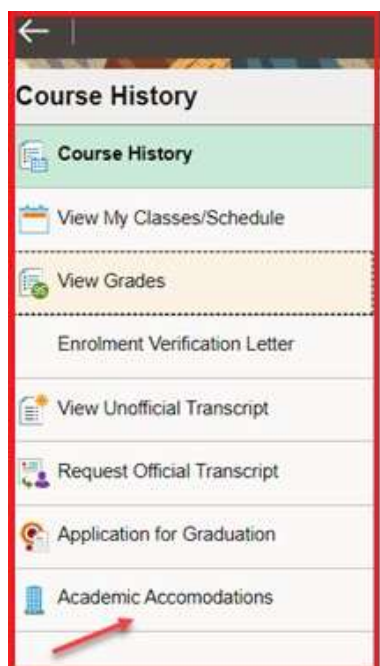


Fig 3: Access to Academic Accommodations.

3. View Your Academic Accommodations:

- Click on "Academic Accommodations" at the bottom of the list on the left to explore your accommodations.

4. Review Accommodation Details:

- View the specific details of the accommodations that have been assigned to you.
- To understand the responsibilities associated with each accommodation, including those of both faculty and students, click on the "faculty/student responsibilities" link (see Fig 4.1 and then Fig 4.2).
- View any past accommodations by clicking the arrow button, as demonstrated in Fig 4.1.
- Your academic accommodations are available to faculty listed on your St. Lawrence College timetable, as long as your accommodations are active.
- If your accommodations do not indicate an expiry date (i.e., "Permanent"), they remain active and available to your faculty for the 2025/2026 academic year unless you notify Student Wellness & Accessibility that you wish to terminate your accommodations. This process is subject to change in future academic years.
- If your accommodations have an expiry date (i.e., "Interim" or "Temporary"), they will be active and available to your faculty until the date indicated. If you would like to explore eligibility to access accommodations and/or alternate supports, beyond the indicated date, contact Student Wellness & Accessibility.

Plan
Enroll
My Academics

Add
Term Information
Academic Accommodations

Academic Accommodations

Advisor Info

Find | View All

First 1 of 1 Last

Effective Date: 05/27/2024
Date-To: 08/31/2024

Duration: Temporary

Advisor Name:
Advisor Email:

Academic Accommodation Details

Personalize | Find

First 1-3 of 3 Last

	Accommodation Type	Accommodation Granted	Custom Accommodation Description	View Responsibilities
1	Class	Conversion ready materials		Faculty / Student Responsibilities
2	Test	Allow short breaks without time penalty		Faculty / Student Responsibilities
3	Test	Access to computer, with use of the following software if listed here:		Faculty / Student Responsibilities

Fig 4.1: Accommodation details.

Student / Faculty responsibilities

- Course History
- View My Classes/Schedule
- View Grades
- Enrolment Verification Letter
- View Unofficial Transcript
- Request Official Transcript
- Application for Graduation
- Academic Accomodations**

Student / Faculty responsibilities

Student Responsibilities

- When writing a test in the Test Centre, you are permitted to take short breaks without penalty ("stop the clock breaks"). Arrange breaks with Test Centre staff.

Faculty Responsibilities

- None.

Return

Fig 4.2: Student/Faculty responsibilities.

Plan | Enroll | My Academics

Add | Term Information | Academic Accommodations

Academic Accommodations

Advisor Info

Effective Date: 05/27/2024

Expiry Date: 08/31/2024

Duration: Temporary

Advisor Name: [REDACTED] Advisor Email: [REDACTED]

Academic Accommodation Details

Accommodation Type	Accommodation Granted	Custom Accommodation Description	View Responsibilities
1 Class	Conversion ready materials		Faculty / Student Responsibilities
2 Test	Allow short breaks without time penalty		Faculty / Student Responsibilities
3 Test	Access to computer, with use of the following software if listed here:		Faculty / Student Responsibilities

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Fig 4.3: Expiry date for interim or temporary accommodations.

Your Rights and Responsibilities

Students with Disabilities at St. Lawrence College have a *right* to:

- Equal access and equal opportunity to participate in academic experience.
- Be treated with dignity and respect regarding their disability, accommodation and/or access needs.
- Appropriate, individualized accommodations.
- Protection and security of personal, health, disability and other confidential information.
- Timely service provision.
- Prompt, equitable investigation and resolution of concerns.

Students with Disabilities at St. Lawrence College have a *responsibility* to:

- Provide Student Wellness & Accessibility with appropriate information and documentation from a regulated health professional relating to your functional limitations (e.g., attention difficulties).
- Participate in discussions regarding possible accommodation solutions, based on functional limitations.
- Inform Student Wellness & Accessibility as soon as possible if your functional limitations change or if difficulties arise so that other options or arrangements can be explored.
- Continually monitor your progress and self-advocate, as needed.
- Complete any necessary steps identified and discussed with Student Wellness & Accessibility regarding your accommodations, support services, and referrals.
- Adhere to the responsibilities associated with each accommodation. You can access student and faculty responsibilities in SLC.me by clicking “Academic Records”, then “Academic Accommodations” and then “Faculty/Student responsibilities”.
- Notify Student Wellness & Accessibility if you would like to discuss the option of a reduced course load. Students with confirmed disabilities are permitted to take as low as 40% of a full course load, upon completion of an authorization form with your Accessibility Advisor or Counsellor. Please note that there may be financial implications of withdrawing from courses after the first drop deadline, which is two weeks after the start of each semester. Therefore, if you are considering this option, you are encouraged to contact Student Wellness & Accessibility and OSAP (if applicable) as soon as possible.
- Notify Student Wellness & Accessibility if you require placement accommodations. To support smooth implementation of placement accommodations, students are encouraged to notify Student Wellness & Accessibility the semester prior to placement.
- Submit an “Alternative Format Request Form” if you require educational materials in an

- alternative format ([click here for link](#)).
- Adhere to Test Centre protocols and related academic and student conduct policies when using the Test Centre ([click here for link to Test Centre protocols](#)).

Statement of Confidentiality

Student Wellness & Accessibility collects and stores personal and health information as is reasonably required to provide disability-related services and is allowed under the authority of the Personal Health Information Protection Act, 2004.

Information pertaining to a student's disability, and/or functional limitations arising from a disability, specifically as it relates to accommodations in the academic context, is collected. Information pertaining a student's participation in academic studies at St. Lawrence College including name, birth particulars, contact information, emergency contacts and academic status is also collected.

Student Wellness & Accessibility collects this information for the following purposes:

1. To determine a student's eligibility for accessibility services
2. To design and approve appropriate individualized accommodation plans
3. To determine eligibility for funding supports (e.g., Bursary for Students with Disabilities, Ontario Student Assistance Program – Ontario Student Assistance Program (OSAP))
4. To facilitate referrals to on or off-campus supports.

CONFIDENTIALITY AND PROTECTION OF INFORMATION

The College is committed to maintaining confidentiality when providing academic accommodations and related support services to students with disabilities. All information provided by students including written documentation related to their disability and information disclosed by students to Student Wellness & Accessibility staff personnel in appointments, emails or phone calls is held in strictest confidence. Discussion or clarification of your accommodations with other staff or faculty may need to be done by Student Wellness & Accessibility for the sole purpose of implementing your accommodations efficiently and effectively.

Confidential student records are maintained electronically on an encrypted, secured server in the Student Wellness & Accessibility office, and only Student Wellness & Accessibility staff is authorized access to these student electronic records.

Student Wellness & Accessibility maintains records for 10 years after the last contact with the service before being destroyed. This enables students to access their file with Student Wellness & Accessibility

for various purposes for a period after leaving St. Lawrence College, such as applying for admission to other academic institutions or accommodation on professional qualifying exams.

SHARING AND EXCHANGE OF PERSONAL, HEALTH OR DISABILITY-RELATED INFORMATION

No information about a student's disability and/or their registration with Student Wellness & Accessibility is shared with others at St. Lawrence College, without the student's explicit consent, including with faculty, teaching assistants, staff in academic departments, Student Awards, Registrar's Office, Residences, or other units.

Students are not required to share any information about their disability or health condition with anyone outside of Student Wellness & Accessibility.

Information about a student's disability/health condition, their registration with Student Wellness & Accessibility and/or their receipt of academic accommodations does not appear on any official file with the College, including transcripts or degree documents.

DISCLOSURE

There are some exceptions where Student Wellness & Accessibility may be required by law or statute to share information about students registered with its services. These exceptions include:

- If there is a known risk of serious harm to the student or another person
- In the case of apparent, reported, suspected or potential child abuse or neglect
- In response to a court order or summons for records or testimony
- If a student reports sexual abuse by a Regulated Health Care Professional
- For the purpose of contacting a relative, friend or potential substitute decision-maker if the student is injured, incapacitated, or ill and unable to give consent personally
- If the student is known to be involved in a fraud investigation
- For the purpose of a proceeding, or a contemplated proceeding, in which Student Wellness & Accessibility is expected to be a party or a witness if the information relates to or is a matter at issue in the proceeding.

Consent forms to grant any sharing of their personal, health or disability-related information are available from Student Wellness & Accessibility, as needed.

Additional Support Services at SLC

Outside of academic accommodations, there are many services offered to support student learning and success.

LEARNING STRATEGIES SERVICES

Learning Strategies (LS) are active plans or approaches that help you learn more effectively and efficiently.

This service assists students with the development of skills and motivation necessary for academic success. Learning Strategy appointments may use a one-on-one approach with a focus on the individual needs of each student. The appointments involved working collaboratively to create a plan to work on skills such as time management, organization, note-taking strategies, effective textbook-reading methods, study practices, and more.

To find out more information about Learning Strategy Services, email swa@sl.on.ca.

ASSISTIVE TECHNOLOGY (AT) SERVICES

Assistive Technology (AT) is a generic term that includes any piece of equipment or software that is used to increase efficiency, maintain function, or improve the capability of individuals with disabilities. AT is used to achieve greater independence while compensating for any functional limitations.

Student Wellness and Accessibility staff support students with disabilities with their assistive technology needs.

Students may receive the following services

- an AT assessment and/or review of existing AT
- assistance with the ordering / purchasing process
- on-going training and troubleshooting needs

To find out more, visit [Adaptive Technology Services](https://www.stlawrencecollege.ca/services/student-wellness-and-accessibility/accessibility-services/adaptive-technology-services)⁵ and/or email swa@sl.on.ca.

⁵ Adaptive Technology Services: <https://www.stlawrencecollege.ca/services/student-wellness-and-accessibility/accessibility-services/adaptive-technology-services>

COUNSELLING SERVICES

Counselling Services are designed to provide support to students during their time at St. Lawrence College. Meeting with a professional counsellor about whatever may be challenging or troubling can make a difference. Our counsellors provide a wide range of strategies and supports to assist you in doing your best during your time at St. Lawrence College.

Who should seek counselling?

Any student of St. Lawrence College is welcome to seek counselling services. We understand that being in college can be an exciting time, but that it can also be accompanied by stressful times.

Some common areas of concern addressed in counselling are:

- transition to college life
- adjustment to disability or health related concerns
- anxiety or mood issues
- stress management
- conflict with family and friends
- grief/loss
- relationship problems
- homesickness
- self-esteem
- sexuality
- substance use
- and much more.

Indigenous Counsellor

For students who want to connect with someone who understands the unique needs of Indigenous students, our Indigenous Counsellor is available tri-campus. If a student self-identifies as Indigenous, they have the option of requesting to meet with the Indigenous Counsellor when they register for counselling services. Wait times may be shorter for this service.

To learn more, visit [Counselling Services at SLC](https://www.stlawrencecollege.ca/services/student-wellness-and-accessibility/wellness-services-and-resources)⁶.

⁶ Counselling Services at SLC: <https://www.stlawrencecollege.ca/services/student-wellness-and-accessibility/wellness-services-and-resources>

THRIVE COMMUNITY/SPIRITUAL CARE

Our THRIVE Community is a safe and welcoming group at SLC that exists to help you live your best life, and we can't wait to connect with you!

Our THRIVE Community is what you're looking for if you are a student needing:

- support as you navigate the transition to school
- to meet other students on your campus
- a sense of community
- to make sense of what's happening in your life or the world
- to make good friendships
- snacks
- to practice or grow in your beliefs or faith
- someone to have your back
- a safe space

Join our THRIVE Community

THRIVE is about building healthy culture at SLC and will help you find authentic community, supportive relationships and ultimately use your influence to make a difference on our campus and in the world.

The main ways we do this are through:

- Huddle groups (groups of 3-5 students with a student leader)
- One-on-one support and mentoring
- THRIVE community events
- THRIVE leadership events

Maybe a Huddle is for you!

Types of Huddles:

1. **THRIVE Huddles:** to make friends and contemplate life's big questions with no agenda in a safe place.
2. **Faith-based Huddles:** to make friends, ponder life's questions in the context of your personal faith and beliefs.

Spiritual health is about so much more than religion. Spirituality involves pursuing answers to key questions like: 'Who am I? Why am I here? What's it all about?' It is the foundation of overall health and well-being. Providing one-on-one mentoring and running small peer groups, the Spiritual Care

Facilitator at St. Lawrence College is available to all students regardless of denomination, faith tradition or spiritual conviction. To find out more information, visit [Thrive at SLC](#)⁷, or email thrive@sl.on.ca.

ACADEMIC SUPPORT CENTRE

Are you looking to improve/enhance your writing, math, accounting, or science skills? The Academic Support Centre is here to help. They offer a safe, friendly, and collaborative learning environment for you to develop your abilities and strengthen your confidence. Their team is happy to assist you with a variety of different topics and can offer free one-on-one or group tutoring sessions. They welcome students from all programs.

To find handouts and reference materials or to inquire about these services, [please visit the Academic Support Centre webpage for details and contact information](#)⁸.

PEER TUTORING

If you are having difficulty in one or more of your courses, the Peer Tutoring Program may benefit you. Peer Tutors provide practice and review of course material to help students enhance their understanding of the course content.

Peer Tutoring is available for most courses in most programs but is subject to Peer Tutor availability. Peer Tutors may work individually or with small groups of students.

Students who are strong academically in their courses may be interested in becoming a Peer Tutor. Peer Tutors should possess excellent communication skills and a friendly, helpful attitude. The rewards of becoming a Peer Tutor include extra income, excellent experience, reinforcement of your own knowledge and the satisfaction of helping others.

If you are interested in receiving Peer Tutoring or would like to become a Peer Tutor yourself, please learn more by visiting the [Peer Tutoring webpage](#)⁹.

⁷ Thrive at SLC: <https://www.stlawrencecollege.ca/services/student-life/spiritual-care-facilitator>

⁸ Academic Support Centre: <https://www.stlawrencecollege.ca/services/academic/academic-support-centre>

⁹ Peer Tutoring: <https://www.stlawrencecollege.ca/campuses-and-services/services-and-facilities/peer-tutoring/>

APPEALS

St. Lawrence College is committed to fairness and requires adherence to policy in decisions affecting students. The goal of the Academic Appeal Procedure is to seek resolution when a student feels that they have not been treated fairly with respect to academic policy. Academic appeals provide a mechanism for reasonable review of academic decisions. A student who feels that a College policy has been violated or a decision that is excessive or unwarranted may appeal the academic decision.

To learn more, visit the [Academic Appeal Procedure](#)¹⁰, and who to contact for support.

BEHAVIOURAL INTERVENTION TEAM (BIT)

The top priority of the SLC Behavioural Intervention Team is the safety and well-being of students, staff, faculty, and the college community. The team wants to be notified of individuals on campus who are experiencing distress or jeopardizing campus safety. As a team, they coordinate resources and facilitate a caring, restorative approach to best assist the individual of concern. You can make a report anonymously online or contact the BIT directly to voice your concern.

To learn more, visit the [Behavioural Intervention Team](#)¹¹.

OSAP (ONTARIO STUDENT ASSISTANCE PROGRAM)

All information is interpreted from the OSAP website and is subject to change without notice.

OSAP is a mix of grants and loans for students to supplement the financial resources you have available to aid with the costs of your post-secondary education. Through one OSAP application, you have access to this mix of different financial aid programs, depending on your circumstances.

OSAP is open to Ontario residents who are a Canadian Citizen, permanent resident, or protected person. If your home is in another province, contact your Provincial Ministry of Education for information about their student aid programs.

As a government program, OSAP is not intended to meet all your educational and living costs, you are expected to help pay for your studies. What OSAP aims to provide is equality of opportunity for all

¹⁰ Academic Appeal Procedure: <https://www.stlawrencecollege.ca/about/college-reports-and-policies/academic-policies/academic-appeals/>

¹¹ BIT: <https://www.stlawrencecollege.ca/campuses-and-services/services-and-facilities/report-a-concern/>

Ontario students who wish to pursue post-secondary studies. Each campus has an OSAP representative that can assist should you require. See below for contact information.

It is of the utmost importance to keep your contact information updated with OSAP and the National Student Loans Service Centre (NSLSC).

SLC Financial Aid Offices

Brockville Campus

2288 Parkedale Avenue
Brockville, ON K6V 5X3

613-345-0660, ext. 3230

FinancialAid@sl.on.ca

Cornwall Campus

2 St. Lawrence Drive
Cornwall, ON K6H 4Z1

613-933-6080, ext. 2722

FinancialAid@sl.on.ca

Kingston Campus

100 Portsmouth Avenue
Kingston, ON K7L 5A6

613-544-5400, ext. 5503

FinancialAid@sl.on.ca

OTHER HELPFUL RESOURCES

Transition Resource Guide for Students with Disabilities: Transition to Post-Secondary Education

<https://www.transitionresourceguide.ca/>

Learning Disabilities Association of Ontario

www.ldao.ca

Canadian Mental Health Association – Understanding Your Mental Illness

<https://cmha.ca>

Autism Ontario

www.autismontario.com

Autism Canada – Post-Secondary Education

www.autismcanada.org

Canadian National Institute for the Blind

www.cnib.ca/en/ontario/Pages/default.aspx

Canadian Hearing Society

www.chs.ca

Spinal Cord Ontario

www.sciontario.org

Ontario Brain Injury Association

www.obia.ca

Ontario Assistive Devices Program

www.health.gov.on.ca

March of Dimes Canada

www.marchofdimes.ca/EN/Pages/default.aspx