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*Essence Lunch Menu*

*6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> March 2023*

*Appetizers*

**Potato Blinis (V)**

*Bell pepper cream cheese, Olive tapenade, Micro greens*

*or*

**Escargot Vol-au-Vent**

*Puff pastry, Brie, Garlic cream sauce*

*Entrées*

**Roasted Butternut Squash Risotto (V, GF)**

*Smoked gouda, Pecans, Parmesan crisp*

**Roast Beef and Horseradish**

*Yorkshire pudding, Red cabbage, Roast potatoes, Roasted garlic demi-glace*

**Pan Fried Arctic Char, Garlic Shrimp**

*Cauliflower lemon polenta, Baby Arugula*

*Dessert*

*Tiramisu*

**\$20.00 tax included**

Service Times: 11:45, 12:00, 12:15



*We bring learning to the table.*