Essence Lunch Menu

November 6th, 7th & 8th 2023

Appetizers

Mulligatawny (Curry) Soup (V, VG)
Tofu, cucumber vegan yogurt raita, toasted coconut, chives

or

Shrimp Lettuce Wraps
Shrimp, lettuce, dill dressing, avocado, peanuts, cilantro, peanut sauce

Entrée’s

Roast Beef Tenderloin with Port Cream Sauce
Leek kale bread pudding, asparagus

Steamed Pickerel with Dragon Fruit Salsa (GF)
Edamame & kaffir lime coconut milk rice pilaf

Harissa Black Beans, Corn, Spinach, Cheese Quesadilla (V, VG)
Vegan tortillas, vegan sour cream, salad, chipotle maple vinaigrette

Dessert

Eton Mess
Meringue, strawberries, berry sauce, whipped cream,

$25.00 taxes extra

Service Times: 11:45, 12:00, 12:15

essence DINING ROOM

We bring learning to the table.