Essence Lunch Menu

November 13th, 14th & 15th 2023

Appetizers

Steamed Mussels in a Thai Coconut Red Curry Sauce (GF)
Glass noodles, peanuts, cilantro

or

Spinach Salad (V, GF)
Oranges, cashews, goats’ cheese, poached egg, French vinaigrette

Entrée’s

Quebec Tourtière
Maple bacon demi-glace, apple coleslaw

Ramen
Pork belly, noodles, egg, bok choy, cilantro, green onions

Roasted Brussel Sprout and Walnut Risotto (V, GF)
Arborio rice, parmesan, walnuts, pea shoots, mascarpone cheese

Dessert

Profiteroles
Vanilla Custard, chocolate, whipped cream

$25.00 taxes extra

Service Times: 11:45, 12:00, 12:15

We bring learning to the table.