



St. Lawrence College

# voyageur

The Magazine for Alumni  
& Friends of St. Lawrence  
College

Fall 2014

## Learn to Earn

Unpaid internships are a hotly debated topic for new grads. But for thousands of SLC grads, academic placements are a turning point in deciding their future careers.

## First Nations First

Aboriginal education  
moves forward

## The Original Voyageur

Farewell to a proud paddler



# Online and Continuing Education



St. Lawrence  
College



**More than 900  
online and in class  
courses available**

For complete course  
listings go to  
[stlawrencecollege.ca](http://stlawrencecollege.ca)

Register online or call  
1.866.276.6601



## Alumni Relations Mission

The Alumni Relations office exists to encourage positive engagement with our alumni, through lifelong, mutually beneficial relationships.

How to reach us:

St. Lawrence College Alumni Office  
 100 Portsmouth Avenue  
 Kingston, ON K7L 5A6

Kingston (613) 544-5400, ext. 1635  
 Brockville (613) 345-0660, ext. 1635  
 Cornwall (613) 933-6080, ext. 1635  
 North America (800) 228-4664

alumni@sl.on.ca  
 stlawrencecollege.ca/alumni

St. Lawrence College's Voyageur magazine is published bi-annually through the St. Lawrence College Alumni Relations Office and is distributed to 50,000 alumni and friends of the College. Contributions of articles and photos about or of interest to our alumni, as well as signed letters to the Editor, are welcomed and are published at the discretion of the Editor. To have your name added to our distribution list or to reserve advertising space in Voyageur, please contact the Alumni Relations Office. Ad rates are available upon request.

The views expressed in the editorials, articles, and advertisements in Voyageur are not necessarily those of St. Lawrence College, the St. Lawrence College Foundation, or the St. Lawrence College Alumni.

If you would like to have your name removed from the Voyageur distribution list, please send a letter to that effect, along with a completed Alumni Record Form, to the St. Lawrence College Alumni Relations Office.

Reproduction of Voyageur, in whole or in part, is forbidden without the expressed written consent of the Editor.

### RATES AND TERMS

Rates and specifications are available on request. Full payment is due at time of publishing. Applicable taxes will be applied to all orders.

### AD REQUIREMENTS

Voyageur magazine is produced using Adobe Creative Cloud for Mac.

**Preferred format:** Mac compatible PDF or EPS files, with "type converted to outlines", accompanied by colour hard-copy proof.

### PHOTO AND TEXT REQUIREMENTS

When supplying photographs for reproduction in Voyageur, we accept professional quality colour prints or 300dpi TIFF or hi-res JPEG files. Text is preferred in 12-point Times Roman with no indents or highlighting.



## On the cover

Amanda Wright, IMC, 2012  
 Page 6  
 Photo: Bernard Clark

## On the inside

|                               |    |
|-------------------------------|----|
| First Nations First . . . . . | 9  |
| Farewell Frank. . . . .       | 13 |
| Westward Ho. . . . .          | 16 |
| Echoes . . . . .              | 22 |
| Passings . . . . .            | 27 |
| Alumni@Work. . . . .          | 29 |

Editor: Janine Foster  
 Printing: McLaren Press Graphics  
 Contributors:  
 Dick Tindal  
 Christopher Clark  
 Kris Ward

Photography:  
 Bernard Clark  
 Janine Foster  
 Tracy Simpson

### Canada Post Publications Mail Agreement #40010391

Return undeliverable Canadian addresses to:  
 Alumni Relations of St. Lawrence College  
 100 Portsmouth Avenue, Kingston, ON K7L 5A6  
 Email: returnedmail@sl.on.ca

# It's the click that counts



Show your support  
of SLC and make  
your gift online at

**givetoslc.com**

It's easy. It's fast.  
It's a great way to  
support our students.

Make your gift online  
today and start making  
a difference at SLC.



St. Lawrence  
College



**Our Alumni Wild West tour leaves them wanting more, while new grads get an important call.** by Janine Foster

For two days in June, we packed our bags full of SLC goodies and jumped on a plane. Destination: Calgary and Edmonton, Alberta. Purpose: To meet and greet our Alberta-based grads in their hometown haunts. We teamed up with our fellow colleges – Lambton (from Sarnia), Durham (from Oshawa) and Mohawk (in Hamilton) and hoped our grads would come out to meet us.

We were not disappointed.

From the moment we arrived at the Bow River Barley Mill in downtown Calgary – where the chalkboard sign said “Welcome Ontario College Alumni”, to the last taste of the sample brew at Yellowhead Brewery in Edmonton, we not only met our grads in Alberta, but more importantly, they met each other.

Both cities were vibrant and exciting and it's great to see that once again, SLC grads are at the centre of what keeps our communities humming.

We met two nurses from the same Calgary hospital, who just by chance one day discovered they were both Cornwall campus grads. We met a Civil Engineering grad in Edmonton who has been at the centre of the city's infrastructure projects since moving out west in the late 1970s. In Calgary, where oil is king, we met lots of Lambton grads (Sarnia is an oil city, after all), and in Edmonton, the

# SLC hits the road, and the phone

provincial capital, SLC grads were out in force.

But if some grads had their way, we would have been up in Fort McMurray too, where our records show almost 50 SLC grads (that we know of, anyway!) have made the Fort their home. We weren't able to make the trek, but at least one grad has come forward and volunteered to put an event together – with our long distance support. We're going to take him up on it . . . so stay tuned for SLC takes the Fort!

## Welcome Class of 2014!

This is probably your first contact since you graduated in June, and I'd like to take this opportunity to welcome you to the SLC Alumni family!

I also want to let you know that any day now, you'll be receiving a telephone call for a survey about SLC. Every year I get messages from grads about these calls, and every year I let them know that yes, it's legit. Remember the KPI surveys you did in class? These are the same thing, except they want to know how you're doing now. And, for the first time, they will call you again two years from now to ask you again.

Please take a few minutes and talk to the researchers. The information they gather is vital to the College in understanding whether we're on the right track, and, symbolically, it's your first task as Alumni to begin providing the feedback that makes our grads successful. ~





# Change by Degrees

Glenn Vollebregt, President and CEO  
[@gvollebregt](#)

**The three-year advanced diploma already meets the qualifications for a degree. So isn't it time for colleges to grant them?** by Glenn Vollebregt

It was only six years ago that a St. Lawrence College student first walked across the stage at convocation and received their degree. For many alumni reading this today, it would have probably seemed impossible. It certainly did for our first four decades. Colleges were a new idea, and while we have spent many years since defining what we are, in true Canadian style, we knew what we weren't: Universities.

Fast forward to 2014 and the lines have become blurred. For one thing, your College has 16 programs that are considered 'advanced diplomas' and are three years long – unheard of in our early days when programs were often one or two years. But programs evolved to meet labour market and learning needs. In fact, many of Ontario's three-year college programs already meet the province's learning standards for baccalaureate education. Yet we cannot grant a three-year degree. And in this matter, Ontario stands alone. In Alberta, for instance, a number of former colleges have become universities. And they're offering the three-year degree. In much of Europe and other western nations such as Australia, three years is the norm. Every year a handful of SLC grads get off the convocation stage and

get on a plane – heading to jurisdictions such as Ireland and Australia where the quality of our educational standards are well recognized and rewarded. They return home in remarkably short time with a degree in hand.

In a study published recently by the Higher Education Quality Council of Ontario (HEQCO), in 2011 SLC ranked sixth among Ontario's 24 colleges for percentage of students enrolled in a degree program. Thanks to our collaborative degrees in Nursing and Business Administration with our partner, Laurentian University, and our own SLC degree in Applied Science and Behavioural Psychology, we've held our own on the degree front, and continued to strengthen our advanced diploma programs. Yet the credential remains out of reach. This is an issue that goes beyond semantics. Increasing numbers of employers are seeking post-secondary graduates who hold degrees and have career-specific skills. And many parents and students are interested in postsecondary programs that offer degrees. Presently, we have actually lengthened the time that students spend in post-secondary – four years for an undergraduate degree, and a minimum of one extra year at

college. And students have paid the price: spending more time in post-secondary, and graduating with ever higher amounts of student debt.

When I accepted the position as co-chair of the Ontario Council on Articulation and Transfer (ONCAT), it was in recognition that our institutions need to become much more transparent and student-friendly in order to give students the information they need to chart their educational paths through both systems. As a college grad myself, I remember well the effort required to get some of my education recognized as I pursued my own degree after college, and I know many of our alumni have walked that same road.

However, even if we succeed 100% in our goal to create those paths, we will still be missing an opportunity that can make a significant difference to our students and our communities by not recognizing that a three-year program at an Ontario college deserves the same recognition as jurisdictions around the world. It's time that students who seek a degree that combines both knowledge and skills can follow a path that leads to our doors. 🚪

# FALL LEADERSHIP PROGRAMS

**Call Us: 1-866-274-2298**  
**[www.slccorporatelearning.ca](http://www.slccorporatelearning.ca)**



St. Lawrence  
College



**CORPORATE  
LEARNING**  
& PERFORMANCE  
IMPROVEMENT

*Strategic learning for real results.*

**Relevant. Practical. Expertise.**





# Learn to Earn

**Unpaid internships are a hotly debated topic for new grads. But in the education setting, thousands of SLC grads have seen their academic placements as a turning point in deciding their future careers.**

by Christopher Clark

Amanda Wright's two placement experiences while studying advertising at St. Lawrence College were very different.

Her first go-round was three weeks of frustration and penny-pinching, running errands at a book publisher and doing very little connected to her studies. The next year, however, in her third and final year of the Interactive Marketing Communications program, she landed a terrific placement that not only taught her more than she could have imagined but also led to a job offer upon graduation.

"Looking back, I would say even that first internship was useful because I realized what I did not want to do when I graduated," says Wright, a 2012 grad. "And it helped me find a better situation

the next year, when we did a six-week internship.”

The second time around, Wright, 24, found a position at FUSE Marketing Group in Toronto. “By the third day I was talking to clients, blogging, proof-reading and organizing campaigns. In my second week, I was in a pitch meeting helping with ideas. I worked ‘til 10 p.m. lots of nights, but I loved it. I was part of the team.”

At a time when non-academic internships for recent grads are being discussed and debated, often for issues related to pay and exploitation, colleges like St. Lawrence continue a long-standing tradition of educating students with unique work-place experiences.

“There’s always been a strategy to integrate with employers in the advertising, marketing and public relations world,” says Tom Brennan, a member of the faculty in the school of business. “One of our goals is to connect students with employers and employers with students.”

The School of Business is just one faculty that relies on placements to enrich the student experience and introduce real-world issues to the curriculum.

Brennan works with fellow faculty member Kathy Patterson to match students to placements. Roughly 60 participate in the second year placement program, while roughly 25 participate in the third-year program.

“It’s a great experience for students,” Patterson says. “It’s not unusual to see a student who wasn’t overly motivated in class go out and get a great review from their job placement. They really take to the work environment, applying what they’ve learned and building on it.”

Across a variety of disciplines, St. Lawrence places students in various placement programs. Instructors work with students to find suitable placements, often encouraging students to seek out opportunities that interest them in places across Canada and around the world. Instructors check in and monitor student progress and require a detailed report and evaluation of student progress during the process.

The placement agreement is between the school and the employer, setting out strict conditions and expectations to ensure, as much as possible, students are placed in productive and challenging work environments.

“By third year, we see the students as managing their careers. There is an expectation they will have a vision for what they are interested in doing and seek out a placement that fits their vision,” Brennan says.

Often that vision is shaped by placements earlier in a student’s program.

“I found my passion for digital marketing in my third-year internship,” says

**“By the third day I was talking to clients, blogging, proof-reading and organizing campaigns. In my second week, I was in a pitch meeting helping with ideas. I worked ‘til 10 p.m. lots of nights, but I loved it. I was part of the team.”  
-Amanda Wright**

Matt Landers, 23, a 2011 advertising graduate. “In my second year, I did a lot of movie promotion but there wasn’t a lot that interested me. In third year I went to work at 14 Theories, a Kingston web design company. They needed digital marketing done, and I did a lot of it, including working on their Facebook, Twitter and blog strategies. I was able to show off what I could do, and they needed me.”

Landers freelanced as a digital marketing expert for a couple of years after graduation and recently joined Haya-busa, a supplier of mixed martial arts gear, to work on the company’s digital presence and marketing.

Students learn a wider variety of skills in placements, building on what they learn in the classroom.

“It’s a holistic approach,” says Pam Armstrong, a marketing professor.

“They learn emotional intelligence and start to develop a workplace skill set. It’s all part of the learning experience, and it’s why this type of education is so valuable. It’s not at all unusual for a student to come back from a placement with a much clearer idea of what he or she wants to do.”

“In the classroom, we talked about case studies, which were usually very interesting,” Wright recalls. “But in class, the situations are rosy and neat. When you actually do it, you see how many skills you are going to need to be successful. You learn so much by doing it.”

Wright impressed her new colleagues at FUSE to such a degree that they offered her a job when she graduated. She worked there for two years before recently taking a position at another Toronto digital marketing and advertising group, Community Agency.

During Wright’s FUSE placement, she received \$100/week to help cover her transportation and food costs. Some companies and organizations make a gesture of paying some kind of stipend, but when a placement is part of a dedicated school curriculum, payment is not a deciding factor – for the school or the students.

“If it’s part of the school year, part of curriculum, I don’t expect to be paid,” says Landers. “Now, if it’s a summer thing that’s separate from school, that’s different. I think they should pay something for that.”

“Some organizations pay, but we have no expectation that they will,” says Armstrong, whose second- and third-year students do three-week placements. “It’s part of the school year, so it’s just like going to class. About 14 per cent of our employers paid some kind of stipend last year, but that’s not what the placement is about.”

As much as students learn about their skills and interests during placements, the businesses that host them learn a lot about them too.

“They get a chance to test drive our students and see what they can do,” Armstrong says. “It’s a great opportunity for them as well.”

“It’s really like an extended job inter-



view,” Patterson says. “We know from the evaluations we receive that many employers are surprised by the level of skill the students bring to the job. A lot of companies come to us, looking for interns because they like having them but also because it’s a recruiting tool. All sorts of Toronto agencies see us as a recruiting place. The placement is a great audition for the student to show what he or she can do and also evaluate whether that kind of situation is what they want when they graduate.”

“Both my internships were useful,” Wright recalls. “Obviously, the second one led directly to a job offer, but I

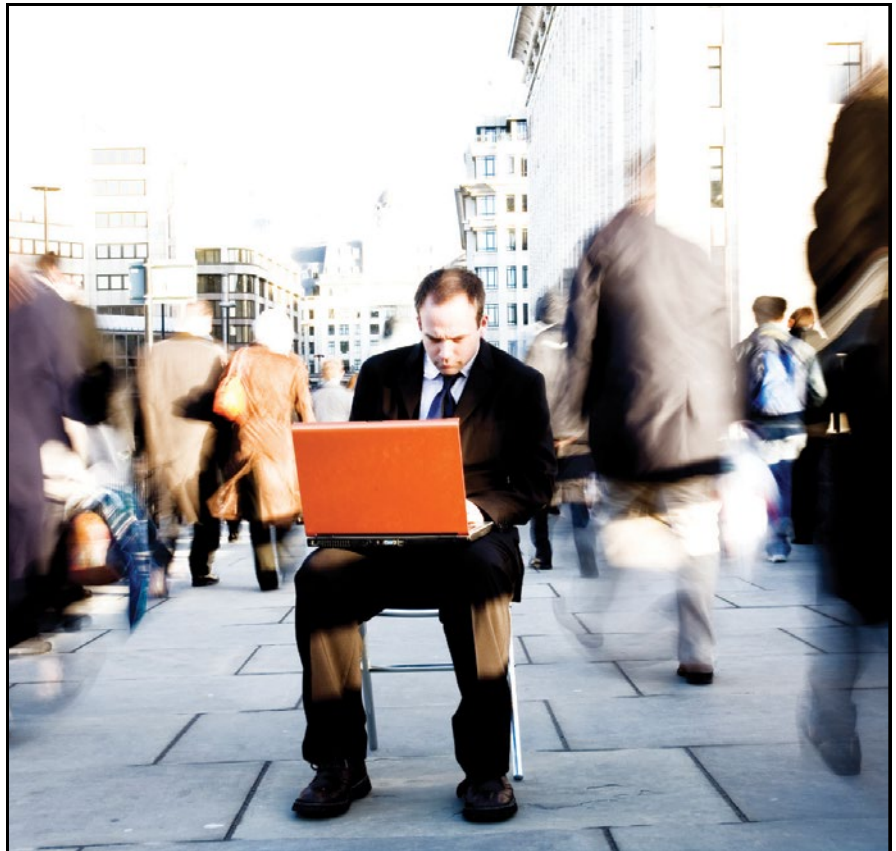
**“If it’s part of the school year, part of curriculum, I don’t expect to be paid,” says Landers. “Now, if it’s a summer thing that’s separate from school, that’s different. I think they should pay something for that.”**

**– Matt Landers**

learned a lot from both placements. My advice for students heading out to their placements is to try everything you can while you’re there. Offer to work on extra projects. Try as many different tasks as possible. The more you’re exposed to, the more valuable the whole experience will be.”

For decades, that’s exactly what St. Lawrence has been offering its students – a unique opportunity to work in their chosen field and get a taste of what life could be like after graduation.

“Going on my internship allowed me to find my passion,” Landers says. “It was exciting to discover exactly what I wanted to do and then have the chance to do it for real. I have the job I have today because of what I discovered during my internship.”




## **GETTING THAT FIRST JOB OUT OF SCHOOL IS HARD, BUT WHAT ABOUT THE NEXT ONE?**

You came to St. Lawrence to start your career. Now you can build on it with a unique suite of tools and networking opportunities available online and FREE.

- Design high-impact resumes online at a click of a button
- Turn your resume into a website and build your online brand
- Join our Linked In Alumni Group and make connections with your fellow Alumni

**Find out more at  
[stlawrencecollege.ca/alumni](http://stlawrencecollege.ca/alumni)**

A portrait of Mary Anne Lyons, a woman with long dark hair, smiling. She is wearing a black lace top. The background is a blurred indoor setting with a plant and a framed picture.

Mary Anne Lyons, St. Lawrence College's Aboriginal Student Advisor, is the bridge between First Nations students and the College.

## PUTTING FIRST NATIONS FIRST

The number of Aboriginal students continues to grow at SLC, as does the College's efforts to bring education to remote communities. Yet sometimes it is the student who is the best teacher.

by Christopher Clark

For Mary Anne Lyons, it's all about making connections. In her warm and welcoming office in the Eagle Café on Kingston campus, she knows the names – and life stories, it would seem – of every student who comes through her doors.

But that's her job. As SLC's aboriginal education advisor, she is the friendly face for hundreds of First Nation students who entrust SLC with their dreams and futures. And as a Metis/Mohawk herself, she makes it her goal to not only advise the student, but the College as well.

For Mike Laking, the warmth is there, but the office is often hundreds of kilometres away. As a child growing up in Labrador, he was at home in the isolated

north, but like many northerners, he left to pursue his educational path. Today, he brings SLC to First Nations communities throughout northern Ontario, with structured and targeted educational programming that brings important skills to isolated northern communities.

First Nations students are a large part of the St. Lawrence College community, whether they study on one of the college's three campuses or participate in innovative training programs offered across the province.

Each year hundreds of First Nations students take courses designed to help them enter the workforce or pursue further education in their chosen field. In the last five years, St. Lawrence has

made a concerted effort to reach out to Aboriginal students by designing unique programs and offering them in a variety of settings. The result has been a significant boom in the number of First Nations students taking courses, learning skills and finding jobs.

The St. Lawrence strategy, broadly speaking, has relied on two initiatives. Firstly, the college's enthusiastic manager of community outreach and corporate learning, Mike Laking, has designed and delivered a dozen or more training programs throughout the province, working closely with local leadership to craft the type of program needed in that location.

The program has been a huge success, drawing praise from, among other





Mike Laking takes education out on the road, delivering skills training in many First Nations communities through SLC's Corporate Learning and Performance Improvement department.

people, Ontario's Lieutenant Governor David Onley, who took a particular interest in Aboriginal issues during his time in office.

Laking has worked with Kagita Mikam member nations, the Mattawa/North Bay Algonquin First Nation, the Akwesasne First Nation, the M'Chigeeng First Nation, the Kashechewan First Nation, the Weenusk First Nation, the Algonquins of Pikwàkanagàn, among others in the last five years. His basic approach is to secure federal funding for training programs that last no more than 12 weeks and teach skills that can be used in the area once the program is complete.

"We work with people ages 15-30 and teach them all sorts of skills," Laking



**"When we leave the community, we leave behind the skills and something concrete that helps the people living there,"** Laking says.

says. "We might start with pre-construction skills and then move on and teach them how to build something like a wheelchair ramp – something needed in the community."

He has taught pre-forestry and pre-carpentry skills and then arranged for a shuttered mill to be opened again. That allowed the students to cut two years' worth of firewood for the community and build a small house. "When we leave the community, we leave behind the skills and something concrete that helps the people living there," Laking says. "Whenever possible, all instructors, trainers and program supervisors for these programs are First Nations peoples chosen in partnership with local Band

Offices and St. Lawrence College.”

He has traveled to many isolated locations to set up courses, including a trip to Fort Albany in James Bay over a series of ice roads and trails (check out ‘Fort Albany and Kashechewan Ice Road Adventure’ on Youtube).

“We’ve had a lot of success, although there is always room for more success,” he says candidly. “However, about 85 per cent of the students in these programs either find work afterwards or are able to continue their training in other programs and courses. You have to remember, the nearest available job is sometimes 300 or 400 kms away from the communities where they live, so it’s not a simple thing to find a job, even after they have completed the training.”

Closer to home, at St. Lawrence’s three campuses, there are more than 250 First Nations students, most in Kingston and



**“A lot of aboriginal students are unsure of what to expect when they begin classes,”**  
says Lyons.

**“We help make connections with community groups to help them stay in touch with their Aboriginal culture.”**

---

Cornwall. Some students come to the school to take classes, but many members of the Akwesasne First Nation on Cornwall Island are able to take courses on the island.

“Most of our 130 students in Cornwall take courses on the island,” says Mary Ann Lyons, Aboriginal Student Advisor. “Getting from the island to our campus is difficult, particularly if you don’t have a car and need to get a ride. So we offer courses on the island, something that has turned out to be very popular.”

Lyons began working as the school’s Kingston-based aboriginal student advisor in 2009. This year, the school added an advisor in Cornwall as well.

“A lot of aboriginal students are unsure of what to expect when they begin classes. My job is to assist them however I can,” she says. “I provide information but I also am someone they can talk to



**In an effort to raise awareness about Aboriginal education issues, the College hosted a seminar for faculty and staff last spring – inviting First Nations representatives to share their perspectives as students and a community.**




anytime during the year if they have questions or concerns. We help make connections with community groups to help them stay in touch with their Aboriginal culture.” According to Lyons, Kingston is more likely to have First Nations students from all over the country, and her office works with the Four Directions aboriginal centre at Queen’s to provide joint cultural opportunities.

In addition, Lyons runs the Eagle Learning Cafés in Kingston and Cornwall. They are places First Nations students can go to study and socialize throughout the year. They provide a variety of resources, including computers, large screens for use with laptops and a welcoming atmosphere for students who might otherwise feel lost on campus.

First Nations students study a variety of subjects at St. Lawrence. Among them: nursing, child services, social services, and general arts and sciences that can lead to other programs, either at St. Lawrence or elsewhere.

“We have responded to demand over the years and provide a lot of courses and program of interest to Aboriginal students,” Lyons says. “Our programs have been quite successful, and we’re thrilled with the growth in the number of students taking courses.”

To better prepare for this year’s influx of First Nations students, the College hosted an Aboriginal Education day in the Spring to provide greater understanding of their unique needs and cultural traditions which impact learning. For example, faculty were told by one Aboriginal student that there are situations in the classroom where a student’s lack of response to a prof’s query could be misunderstood. He recounted how, when a fellow student puts up his hand to answer a question and it is wrong, if the prof then asks others for the correct answer, it’s unlikely an Aboriginal student would respond. It would be disrespectful to their classmate, he told the audience.

Clearly the College has as much to learn as the students it educates. 

**ARE YOU READY FOR YOUR NEXT ADVENTURE?**

**NEED A COMPETITIVE EDGE TO STAND APART FROM YOUR PEERS?**

You can continue your education at another university or college across Canada or around the world

- ▶ **Gain a global perspective**
- ▶ **Add another credential**
- ▶ **Study abroad**



**Pursue opportunities in:**

**CANADA, AUSTRALIA, BARBADOS, DENMARK, GERMANY, IRELAND, MEXICO, NETHERLANDS, SPAIN, SWEDEN, SWITZERLAND, UK, USA, AND MORE.**

[stlawrencecollege.ca/CreditTransferOpportunities](http://stlawrencecollege.ca/CreditTransferOpportunities)

For more information:

Heather Gregg, Student Transfer Advisor

HGregg@sl.on.ca

**HELLO  
FUTURE**

  
**St. Lawrence  
College**

# THE ORIGINAL VOYAGEUR

Frank Lockington not only created Voyageur magazine, but he founded what would become the Alumni and Development office at SLC – one of the first in the province. After almost 30 years with the College, he's moving on to new adventures.

by Janine Foster



On June 30, 2014, Frank Lockington closed the door of his office for the last time as the Director of Alumni and Development. Strangely – for him – the office was sparkling clean. But that's because he spent his last few days sorting through what was the living history of SLC and its alumni relations. And whether it was a vintage SLC leather jacket, or the files that detailed our early efforts as one of the first Alumni offices in an Ontario College, his 'archive' has been entrusted to the College for safe keeping. We caught up with Frank to talk about his legacy.

**Q:** When the College first began considering the establishment of an Alumni office, what were the original objectives?

**A:** In 1985, President Bill Cruden and the Board of Governors struck a task force to consider what an alumni relations program at St. Lawrence might look like. I was fortunate to have been asked to participate with the group. I recall Linda Billings was the committee chair and there were several alumni involved including Wendy Mitchell, Rick Shaver, Steve Holmgren, Joe Jordan and Rick Gauthier. We met for almost a year and researched alumni groups at other colleges and universities. The report was presented to the Board of Governors in 1986. There were numerous recommendations but essentially, little was acted upon until Bill announced his retirement from the College in 1990. I sent him a

congratulatory note at that time and suggested if he wanted to leave a legacy at the College he might consider following through on the task force's recommendation to establish an alumni relations office. A few weeks later he contacted me to offer a two-year secondment to get the office up and running. We needed that time to see if it was feasible and what value could be derived by both the College and our graduates. That two-year assignment lasted 24 years.

**Q:** Were you the instigator of those discussions?

**A:** I was certainly an advocate for the notion that our graduates deserved some level of engagement with the college where they studied. I was not the only one but maybe the most persistent. I'm still in touch with Bill Cruden and many of the task force members.

**Q:** It's part of College lore that yours was a 2-year secondment to start the Alumni office. Did you have any idea it would become your life's work? What made you stay?

**A:** I stayed because the work was very re-

warding and my academic program at St. Lawrence, Business – Public Relations, prepared me well for the task at hand. Once we had a database of contact information for graduates started and had our first issue of VOYAGEUR magazine

**Continued on page 15**





You came to St. Lawrence to start your career . . . now tell us about it!

Update your Alumni record at:

**[www.slcalumni.com/update](http://www.slcalumni.com/update)**

with your current employment information and we'll enter your name in a draw to win SLC Alumni Swag. THREE lucky alumni will be able to choose from a Computer Bag, Hoodie, Golf Shirt and more!

All updates made online – with employment information (even if it's just that you've retired!) – Until September 30, 2013 will be eligible.

**ENTER TODAY**

  
**Alumni**  
St. Lawrence College



published, it was pretty clear that the opportunities to help the College through its graduates were endless. Fellow alum Robin Pepper helped to get VOYAGEUR off the ground and Bob Droppo, also a graduate and SLC's graphic designer put the first magazine together. Our initial mailing was to less than 4,000 graduates. I think today VOYAGEUR's circulation is approaching 45,000 copies. Across the country, alumni and fundraising professionals have a real affinity for their schools. I was no different. For the most part, it seldom felt like work to me.

**Q: At what point did fundraising become part of the mandate?**

**A:** By the mid 1990s the alumni office was up and running and we were working with the Student Association in Kingston to create a new campus centre. The fundraising appeal was called Sharing Our Future. We secured enough funds to help cover the costs of relocating the SA from the Leeds Grenville building to the second floor of Grenville Hall at the Kingston campus. Fundraising and Alumni Relations are a natural fit and we just kept going. As there is today, there were many needs and donor support was growing. The more we asked, the more people and companies came forward.

**Q: What was the biggest challenge in sustaining alumni involvement in the College?**

**A:** Any entrepreneur will tell you that finding operating dollars to support a start-up is always a challenge. It was no different with getting the Alumni Relations office off the ground. We were fortunate that our own student leaders saw the value of strong alumni relations too. The student governments at our three campuses made a financial investment and essentially, shared the cost of alumni operations with the college on a 50/50 basis. It's a model which has worked well for us and I believe the students have benefitted from their investment as we have worked to connect students with graduates for mentoring, work placements, class speakers and employment after graduation. Once the

students were committed, the college affirmed its sustained support too.

**Q: How have the objectives changed over the years – if at all?**

**A:** While the objectives surrounding alumni relations have pretty much remained the same - build a relationship between the College and its graduates which offers mutual benefit - the focus on fund development has grown considerably. We established the St. Lawrence College Foundation in 1998 with the support of some extraordinary community leaders. The foundation model was one which suited our college well and it continues to serve the college and our donors today. Alumni who become donors or advocates are growing each year. I see this as a trend which will continue. The College is a great place to make a philanthropic investment. Every gift is important and really does make a difference.

**Q: SLC is a pretty young institution. Does that make it easier or harder to maintain connections?**

**A:** Young yes, but not new. When we started the alumni office we were aiming to be in place for the College's 25th anniversary. Now we're just a few short years from turning 50. People have a natural interest in belonging. For many of our graduates, St. Lawrence has been a turning point in their lives. They will find a way to stay in touch with each other and with their faculty. The Alumni Relations office has a role in keeping them connected to the College itself. The personal and career success of our alumni is the College's brand. If there's value in them staying connected with SLC, they will.

**Q: What is your most memorable Alumni event?**


**A:** There have been many. Launching VOYAGEUR magazine with a five-day voyageur canoe trip from Kingston to Cornwall as part of our 25th anniversary celebrations was certainly a highlight. It was 1992 and we took the college's only cell phone onboard so we could connect

with lost graduates. Having said this, the event which changed much for me personally was an alumni gathering in Halifax, Nova Scotia. There I met St. Lawrence alum Trish MacInnis. Fast forward 10 years and we're happily married and making plans to move to Halifax for the next chapter.

**Q: Where do you see the future of the College's alumni engagement? What does that look like?**

**A:** I believe the College is coming of age, especially as we approach our 50th anniversary. Those who have chosen to study at our campuses in Brockville, Cornwall and Kingston have every reason to be proud of their College. Our graduates are everywhere. The social, economic, cultural and environmental impact they have on their communities is truly remarkable. Now it's time for each alum to step up and be counted. They have an opportunity to help the College prepare the next generation of students who seek to achieve their dreams too. The College needs to reach out and ask. I know our alumni will respond in a positive way.

**Q: Now that you're about to become a civilian, how will you remain connected as an alumnus of SLC?**

**A:** I'll always be a graduate of St. Lawrence College and that in itself is reason to stay connected. With Trish, we've met many of our close friends through the College. Together with support from friends and colleagues, Trish and I have established the "Fit Philanthropy Fund" through the St. Lawrence College Foundation. The fund will support new entrance bursaries for students who come to St. Lawrence from Boys & Girls Clubs across the region as well as those who graduate from the Pathways to Education organization. We feel very fortunate to have been associated with the College. It's an amazing organization and has been the difference in our careers. This is our way to "pay it forward"; by offering a hand up to those who need a little help to realize their dreams through St. Lawrence College. 

# ★ WESTWARD HO! ★

## SLC comes to Alberta for BBQ and Brews

There's no denying that Alberta is a happening place. Which is why so many of our grads have made their homes there – and they're not alone. Together with our friends at Mohawk (Hamilton), Lambton (Sarnia) and Durham (Oshawa), we launched the Wild West Alumni Reunion Tour, and hosted our grads over two evenings in both Edmonton and Calgary. We introduced our grads to each other, their fellow Ontario college graduates, and brought a little bit of SLC to Alberta.



A few of the SLC gang in Edmonton, including retired Nursing prof, Ineta Skepple (seated, left) who just happened to be in town from her home in Kingston, visiting her son and daughter-in-law, Daniel (Adolphus) Skepple (HR, 1999) and Dorothy Skepple (Office Admin, 1999) seated, right. Standing is Janine Foster, Alumni Relations manager, Denkash Ahmet (Civil, 1978) and Bob Phillips (Carpentry, 1992)



Just a few of the Calgary crew, including Heather-Anne and Derek Foldeak (Hairstylist, 1991, and Marketing, 1998, respectively), Janine Foster (SLC), Jane Baker (APR, 1990) and, in the plaid shirt, Cynthia Caldwell (Nursing, 1976). Meanwhile, Sophie Bisailon (Pre-Health, 2007) and Valerie Giroux (Nursing, 2001) came to the event together, having met at their workplace – a Calgary hospital – and discovered they were both Cornwall SLC grads.



Lambton's mascot, Pounce, proved to be a popular patron at the Yellowhead Brewing Company in Edmonton.



Jane Baker, David Shiers (Civil, 1994) and Cynthia Caldwell enjoy a beverage at the Bow River Barley Mill in downtown Calgary, where the Wild West Alumni Tour took over the entire top floor.



Just to show it wasn't all play, we did learn a thing or two about beer-making while on tour at the Yellowhead Brewing Company. And then there were samples. . .



# RAMBLIN' RETIREES by Dick Tindal

With SLC in the rearview mirror, retirees set out for the open road.



Brenda and Blayne Mackey are just standing on the corner in Winslow, Arizona, taking it easy.

Since the last two columns dealt with golf and bocce ball tournaments, you know that members of the St. Lawrence College Retirees Association are an active bunch. This column describes recent trips by two of our members (and their wives) and is based on information and photos that they kindly provided.

## GET YOUR KICKS ON ROUTE 66

Since retiring from the College, where he held several positions including Vice President of Administration and Human Resources, Blayne Mackey has enjoyed several trips (with his wife Brenda) including a drive along U.S. Route 66 from Chicago to Los Angeles. Also known as the Will Rogers Highway, the Main Street of America, and the Mother Road, the route of this 2,900 mile highway was made famous in the song of the same name. I always think of the Nat King Cole version, but Blayne prefers the recording done in 1961 by Chuck Berry

(and this is his story). You can find versions on YouTube.

The Mackeys crossed over the Thousand Islands Bridge in early September 2013, spent their first night in Cleveland, Ohio and then drove to Chicago, Illinois the following day. All they saw the first two days were cornfields. When they reached St. Louis, Missouri, they had a great view of the downtown and the barge traffic on the Mississippi River from atop the 630-foot-high Gateway Arch. The next stopovers included Tulsa, Oklahoma, Amarillo, Texas and Albuquerque, New Mexico. The Albuquerque city tour included the set for the well-known series *Breaking Bad* and an old Spanish church which was built in 1790 and boasts that it has had a service every Sunday since then. Their stop in Winslow, Arizona was memorable because of the corner made famous in the Eagles song *Take It Easy* – and where Brenda and Blayne can be found in the accompa-

nying photo.

They extended their trip by going south to San Diego and then driving north along the Pacific Coast to San Francisco, seeing hundreds of surfers along the way. The last part of that drive along the Pacific Coast Highway featured minimal guardrails and 50 miles of switchbacks rising 2,000 feet above the beaches. Driving north placed them on the inside of the highway, but Blayne claims that his fingerprints are still imbedded in the steering wheel. From there, they headed east for home with stops in Reno, Nevada, Salt Lake City, Utah, Denver, Colorado and Omaha Nebraska.

## RAGIN' CAJUN

Our second set of intrepid adventurers are Jerry Zabel and his wife Narjis. Jerry taught in, and was Head of, the Business Department on Kingston Campus during his long career. About six months after the Mackeys drove Route 66, the



Zabels left their winter retreat in Myrtle Beach and set out for New Orleans. Taking a leisurely route, they drove to Panama City Beach, Florida arriving during spring break. There were police everywhere and many vehicles had been pulled over for inspection. Jerry estimated that one yard of cloth would have made the thousands of bikinis that he saw that day. [The poor fellow is probably scarred for life, but I digress.]

They went to Pensacola and then drove to Breaux Bridge (near New Orleans). From this point, Jerry's notes about the trip focus heavily on Cajun food and music, interspersed with references to local culture and history. They visited Avery Island and toured the Tabasco Factory – the only place in the world where Tabasco is made and bottled. Free samples included two flavours of Tabasco ice cream. Undeterred by that experience, the Zabels had Crawfish Entouffe over rice at Duffy's Diner that night and Jambalaya for late lunch the next day.

Arriving in New Orleans, they had more Jambalaya (with shrimp and crawfish). Feeling too full for supper, they bought pints of ice cream which they ate in their hotel room. There is no record of whether or not this was Tabasco-fla-



voured ice cream (but I doubt it somehow). The next day they had the famous Muffallettas for lunch and then coffee and beignets at Café Du Monde. One afternoon they went to a Cajun dance hall featuring a live band, and tried dancing the Texas Two Step. They experienced more local colour in the form of topless women walking the streets wearing body paint. Jerry thoughtfully provided a photo but my efforts to include it in this article were thwarted by the St.

Lawrence College Board of Censors. However, I am providing a photo of Jerry who looks quite slim and fit considering the diet he was following on this trip. Jerry is the one on the right! 🌊

#### JOIN US

If you are a retired College employee, staff or faculty, and interested in joining the SLC Retirees Association, just contact Dick Tindal at [tcl.kingston@gmail.com](mailto:tcl.kingston@gmail.com)

## What does your legacy look like?

The St. Lawrence College Foundation provides assistance to individuals considering a personal planned gift through bequest or life insurance. Personal or family named bursaries, scholarships and awards are among the numerous opportunities donors have to leave a legacy of education for others through St. Lawrence College.

For information on giving to The St. Lawrence College Foundation contact us:

2288 Parkedale Avenue  
Brockville, ON K6V 5X3

2 St. Lawrence Drive  
Cornwall, ON K6H 4Z1

100 Portsmouth Avenue  
Kingston, ON K7L 5A6

[Foundation@sl.on.ca](mailto:Foundation@sl.on.ca), 1.800.228.4664 [www.stlawrencecollege.ca/foundation](http://www.stlawrencecollege.ca/foundation)

Registered Charitable Number 10802 7202 RR 001

  
**St. Lawrence  
College**  
FOUNDATION

## It's Our Turn

### From the annual Golf Tournament to the Kingston Frontenacs and the combined efforts of the 1000 Islands CFDC and Frontenac CDC, our community pulls together for SLC students

The St. Lawrence College Foundation has had an active year in support of the College, and at times like this, it's good to recognize our friends:

#### Foundation Golf Tournament:

The 21st annual St. Lawrence College Foundation Golf Tournament was held on May 22, 2014 at Smuggler's Glen golf course along the picturesque 1000 Islands Parkway.

Alumni, friends, donors, and partners came together under sunny skies to tee off in support of the Extraordinary Learning Fund at SLC.

The combined effort was a huge success thanks to the support of all who participated, donated and volunteered. Over \$16,000 was raised to support St. Lawrence College students embarking on learning endeavours beyond the classroom. This fund has helped to provide real world learning experience and has provided opportunities for students to travel to different institutions to cross-collaborate, embark on international projects and carry out special projects on campus to engage the community and advance professional networks.

The 2015 tournament will be held on May 21, 2015. Contact Lacey Monk (lmonk@sl.on.ca) for information and registration.

#### A special thanks to our sponsors:

##### Tournament Sponsor:



##### Corporate sponsors:

BMO Bank of Montreal, BMO Nesbitt Burns, Brown's Fine Foods Services, Busitech, Calderwood Automation, Canarm, CIBC, Commvault  
Comnet, Cunningham, Swan, Hicks Morley, Holiday Inn Kingston Waterfront  
IBM  
iSTORM New Media  
Kingston Construction Association  
KPMG  
Lexmark  
McClement Electric  
McCoy Bus Service & Tours  
Pricedex Software Inc.  
Sodexo  
St. Lawrence College Corporate Learning and Performance Improvement  
St. Lawrence College Kingston Student Association  
TD Insurance Meloche Monnex  
The Jordan Group  
WSP Canada

### Kingston Frontenacs support Student Emergency Fund

SLC teamed up with the Kingston Frontenacs hockey club to have two SLC Nights at games last season, and the team donated \$1 from every ticket sold in our special SLC section to the Student Emergency Fund on Kingston Campus. Justin Chénier (Advertising and Public Relations, 1997) of the Frontenacs dropped by our special Alumni @ Work event in downtown Kingston in April to present the cheque to Student Association president, Morgan Davis, and two of the 14 Tourism and Hospitality students who helped put on the event.



#### Joining Forces for the Arts

The 1000 Islands Community Development Corporation has been a long-time supporter of the Brockville Campus' Music Theatre Performance program as season sponsor of their public performances. From Grease to Les Miserables, their support not only supports the arts in Brockville, but the education of the students – for whom the performances are the experiential learning of their program. This year the 1000 Islands CDC joined forces with its sister organization – Frontenac Community Futures Development Corporation – in broader support of the program. The funding will not only support performances, but a new initiative to fund student-driven 'summer theatre companies' and other learning initiatives.

Pictured are (l-r) Lawrence Fielding, Chair of the 1000 Islands CDC, Gord Brown, Leeds & Grenville MP, Frank Lockington, Director of Alumni & Development at SLC, and Linda Eyre, CDC board member. The presentation was made at the organization's AGM on June 27, which just happened to be Frank's last day on the job before retiring. 🏴‍☠️

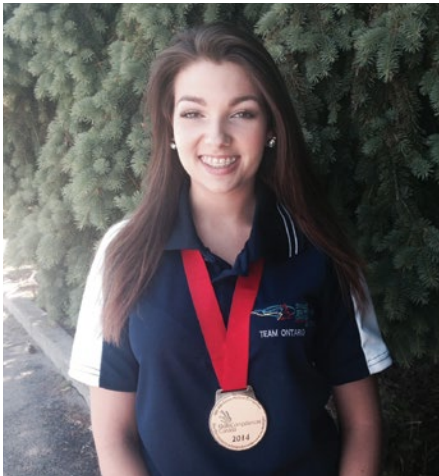


(For more on Frank's departure, see 'The Original Voyager' in this issue)



# St. Lawrence College grad is number one in Canada

**Esthetician grad will compete internationally in Brazil**



Kaitlyn Hoiles, an Esthetician student from St. Lawrence College (and now a grad) brought home the gold medal at the 2014 Skills Canada National Competition. The Competition took place June 5 and 6 and included more than 500 students from across Canada participating in 40 skill areas ranging from robotics to welding and cooking to aircraft maintenance.

"I'm so proud to represent St. Lawrence College and to show what an amazing program they have," Kaitlyn says. "The skills I have learned there will take me very far in my career. It's a very exciting moment!"

Kaitlyn, a Kingston resident, won the gold medal for Advanced Facial, Manicure with nail art, fantasy make-up, and body treatment with hot stone massage. She will represent St. Lawrence College on Team Canada at the 44th WorldSkills Competition, in Brazil in August 2015.

St. Lawrence College Esthetician students have an outstanding record of medal wins in both the provincial and national competitions. In the last six years, students have won gold medals at every provincial competition and they have brought home three gold medals, one silver, and one bronze at the national competitions. 🏆

## Singing for Everyone's Supper

**Meet 2014 Honorary Diploma Recipient Sandy Singer**

by Kris Ward

It would be wonderful if someday our communities didn't need the food bank, but with such a demand, it's great to know Kingston has a champion like Sandy Singers. With his legacy of caring, helping and nurturing, Sandy recently celebrated his 20th anniversary at Kingston's Partners In Mission Food Bank (PIMF). He is a critical community partner who helps both individuals and families in need through PIMF.

Sandy, an accomplished musician, grew up in Toronto and moved to Kingston in 1980. He and his wife Leslie are parents of two girls and it was the desire to spend more time with his family which led him to seek out a day job as Warehouse Manager at the Food Bank, a position he held for eight years.

"This job turned into my career, and a calling to help others," Sandy said. "I saw firsthand the incredible need in the community; this year alone we have helped more than 6500 people in the Kingston community." Sandy became the Executive Director twelve years ago; a position he still holds today. With innovation, talent, and creative mind, Sandy was able to foster partnerships and come up with new ways to increase awareness and assist with the growing needs of this important facility.

His music career runs parallel to his

role with the PIMF and sometimes intersects, such as when his band Soul Survivor reunited after a ten-year hiatus to create a music CD with proceeds going to the Partners In Mission Food Bank. Sandy is the lead singer of the reunited band Soul Survivor, which continues to perform today.

Sandy works diligently with community partners and has been able to successfully secure and improve the facility to meet the increased need. "I try to ensure that PIMF maintains a positive and visionary profile in the community which in turn increases the sustainability of this much needed facility," he said.

In addition to his position as Executive Director, Sandy volunteered with the Kingston Social Planning Committee, co-chaired the Mayor's Task Force on Poverty Reduction, was a member of the Meal Providers Networking Group, a board member of the Food Sharing Project and involved in many additional projects.

Sandy exemplifies and instills the pay-it-forward principle and works closely with St. Lawrence College's Enactus SLC team members and Business, Energy Systems Engineering Technology, and Com-



munity Integration through Co-operative Education students. Sandy nurtures the experiences of these students by providing them with engagement opportunities. His passion to help people's lives continues to impact the Kingston community.

"I work with a dedicated army of volunteers who not only give of their time to build hampers and sort food, but also conduct food drives and collections," he said. "I wouldn't be able to do my work without the volunteers". With Sandy at the helm, they have a strong leader with a powerful voice, be it belting out tunes with his band, or speaking up for all of those in need. 🏆

# HELLO FUTURE

**Small-class  
setting,  
world-class  
teaching.**

At St. Lawrence College, you won't be lost in the crowd. Gain the skills and experience that today's world demands while getting the personal attention you need to help you achieve your dreams.

Brockville, Cornwall, Kingston

[stlawrencecollege.ca](http://stlawrencecollege.ca)



St. Lawrence  
College



**OPEN  
HOUSE**

Join us

November 15, 2014

9:00am - noon





# Echoes



## Tracy Scharf (Nursing-B 1994)

With her new companion – a husky-mix rescue she has named Loki - is having the adventure of a lifetime in Canada's north. She took a leave from her position with Correctional Services in Kingston last summer to try nursing in the north, and finds the work rewarding and the scenery breathtaking.

"I have hiked in to the Arctic Circle, hiked up Mount Duval, been out on the boat to Kekerten (the old whaling station from the late 1800's), and eaten raw seal meat (eeww). It really has been an adventure for sure. I'm so glad I made the decision to come up here," she writes.

## 1973

### Behavioural Science Technician – B Brigitte Irwin

"After a career in social services, I recently retired fully and now spend my time between my home in Brockville, traveling internationally and sailing my boat in the Bahamas. I am very involved in the Brockville Yacht Club, love to garden and do some volunteer with a local charity."

## 1974

### Animal Care Technology – K Ann Hogarth

"Recently retired after 39 years as a Veterinary Technologist"

### Nursing Assistant – K Bonnie Sears

"I was one of many that were the first class that moved from the hospital to college in 1973"

## 1975

### Instrumentation Engineering Technology - Process C Hugh Ross

"Worked 30 years at Weyerhaeuser, Grande Prairie, Alberta. I retired September 17, 2010."

## 1977

### Mechanical Engineering Technology – K Richard Winnington

"Retired from Syncrude Canada Ltd, in

December 2012, after 36 years with the company. Incorporated personal business in January 2013, to supply Mechanical Turnaround (outage) expertise to refineries. Actively working contracts with refinery to provide TA Planning expertise for years 2014 and 2015 planned outages."

## 1978

### Civil Engineering Technology – C Charles Sullivan

"SLC gave the foundation I needed to succeed in my professional career."

## 1980

### Science Technology – Laboratory – K Janet Williams

"Just took early retirement from Dupont Research after 33 years. Had a great career in Analytical Chemistry specializing in gas chromatography and GCMS method development, thanks to SLC background. Previously married to Allan Chong, now married to Dennis Williams for 25 years. Daughter, Kerrie, is 31 years old and has her own business in Autism Therapy in Ottawa (SPECTRUM). I have a granddaughter, 6, and a grandson, 3. Thanks to SLC for giving me a great start to a good life and successful career."

## 1981

### Business - Human Resources K Perry Windsor

"Both of my daughters, Katie Pearson

(Windsor) and Nicole Windsor also graduated from SLC. I thoroughly enjoyed my time at SLC. Having a Human Resources Program Coordinator that had worked in the Human Resources field for numerous years and being able to listen to his wealth of knowledge and insight better prepared me for my successful Human Resources professional career."

## 1982

### Early Childhood Education – C Laurie Bingley

"I am a graduate of the Registered Practical Nurse program through Cornwall General Hospital, the Dental Assistant program through Career College in Ottawa, and the Preventative Dental Assistant Program through Western University in London Ontario. I am also a playwright of murder mystery Comedy scripts for stage. These scripts are available through my company \"Murder on the Funny Side Theatre Productions\" for Fundraisers, staff appreciation events and Christmas parties. murderonthe-funnyside@gmail.com"

### Municipal Accounting – K Barbara Byford

"I have two daughters that both attended SLC Kingston Campus. Their names are Lyndsay Payne (Culinary) and Stacey Payne (Graphic Design)."

### Nursing Assistant – K Patricia Crawford

"Love the college, love the city."



Season sponsor:



# St. Lawrence College Stage Season 2014-2015

Featuring the students of  
St. Lawrence College's Music  
Theatre - Performance Program

We are pleased to announce  
our new and exciting season  
featuring these shows and  
new shows to be announced  
soon. For more info visit:  
[stlawrencecollege.ca/musicaltheatre](http://stlawrencecollege.ca/musicaltheatre)

## Crazy for You

December 4, 5, 6, 2014

@ 8:00pm

December 7, 2014

@ 2:00pm

## New Faces

March 7, 2015

@ 2:00pm and 8:00pm

## West Side Story

April 16, 17, 2015

@ 8:00pm

April 18, 2015

@ 2:00pm and 8:00pm

For tickets, contact the  
Brockville Arts Centre

613-342-7122

[www.brockvilleartscentre.com](http://www.brockvilleartscentre.com)



St. Lawrence  
College

Media sponsors:



## Alumni News

### 1985

#### Nursing – B Suzanne Piché

"I feel the basics of nursing that I was given at SLC have stood the test of time, and endured many adverse conditions under which I have worked. My experience with SLC was a great foundation for my career, my future participation in community and my motivation to always learn."

### 1986

#### Mechanical Engineering Technology – K Larry McHenry

"St. Lawrence provided a great bridge from high school days to the reality of the working world. Working in a new world of Aviation Flight Instrument Procedure Design with Nav Canada. Nav Canada is a private, not-for-profit corporation running the air traffic control services for Canada and the North Atlantic."

#### Early Childhood Education – K Denise Pilon

"I am a June 1986 ECE Graduate. My son graduated in 2012 - Wind Turbine Technician/ Industrial Electrician Co-op Diploma Apprenticeship. My other son is just graduated in 2014 from Industrial Mechanic (Millwright) Apprenticeship. And in the future my daughter is to continue with Living the Dream!"

#### Behavioural Science Technician – C Lynda MacMillan

"Since attending SLC and graduating in 1986, I completed my B.A. in Psychology and also attended the University of New York at Potsdam, graduating from the Masters of Education Program in 2007. I am presently teaching full-time at the elementary level with the UCDSB. I have three children of which my son graduated from SLC Environmental Technician Program in 2012. My daughter is currently enrolled in the ECE program through SLC at the Cornwall campus."

### 1988

#### Early Childhood Education – K Paula Alger

"We already host student placements in our program - Child Care Resource Consultant Services. I teach part time at SLC Kingston Campus in the ECE program - Childhood Exceptionalities (past

8 years for Second Year Students in the fall semester)"

#### Office Administration – Executive – C Chantale Plourde

"My son Joel Plourde is a graduate of SLC Cornwall from the Game Development Program of 2012"

### 1989

#### Mechanical Engineering Technology – C Denis Sabourin

"Mechanical/Marine Engineering class of 1987-88 get together every year on a weekend (July or August). It's nice to see what our college friends are doing, where they work, and meet their kids etc. My step son attended SLC for Police Foundations, and he now works CBSA."

#### Medical Laboratory Technology – K Diana Hall

"I have recently started teaching part time in the Med Lab Science program at SLC - Kingston Campus."

### 1993

#### Visual and Creative Arts - Fashion Design – K Brenda Gault

"Have my own business called "BG Custom Designs". Now being an entrepreneur, I am a Clothing Designer/ Style Consultant and Seamstress, for the Kingston and Frontenac area. I am married 18 glorious years and have 2 wonderful boys ages 7 and 9, and I now live in the country and love the serene life!"

### 1994

#### Behavioural Science Technology – K Greg McQueen

"Since graduating from Behaviour Science Technology, I have held several positions related to my field of study. I return frequently to SLC to speak to the latest group of BSTs. It is always a pleasure to share my experiences and to stay connected to the school that gave me so much."

### 1996

#### Business Administration – Management – C Claude Hebert

"Now the proud Grand-father of two girls, Allyson and Lizzie-Claude, and two boys, Ajay and Brad. Although I have reached the epic age of 53 I still regard my time at St. Lawrence College as

some of the best years of my life. Anyone own a time machine, I'd like a trip back for a while."

#### **Legal Assistant – K**

##### **Jeanette Forrestall**

"Husband was recently posted to CFB Gagetown. Family relocated to New Brunswick and we are loving the East Coast."

## **1997**

#### **Developmental Services Worker – B**

##### **Sandra Knight**

"SLC is the best, with the most caring instructors ever. I loved my time there and would recommend it to anyone."

## **1998**

#### **Child and Youth Worker – B**

##### **Anthony Clark**

"I just spent a year in Phnom Penh, Cambodia teaching English in grades 3,5,6. We are off to Kuwait to teach English in Grade 4 for the next 10 months."

## **2001**

#### **Business Administration – Accounting – K** **Brian Foley**

"SLC was a wonderful experience. I was able to gain the necessary skills and training from the program to pursue both a degree and an accounting designation. The atmosphere of the College and the down-to-earth nature of the professors made it the perfect place to learn. Thanks SLC."

## **2002**

#### **Developmental Services Worker – K**

##### **Sherry Hewitt**

Sherry is the proud mom of a six-year-old daughter.

## **2003**

#### **Advertising - Integrated Marketing Communications – K**

##### **Uyen Brockway**

"Had a baby girl on September 10, 2013 - Peyton Reile Gail Brockway"

## **2003**

#### **Business Administration – Marketing – K** **Randy Rogers**

"Married and I live in Fergus Ontario. I have a son, Isaac, and a daughter, Reegan. My wife's name is Erin."



  
**St. Lawrence  
College**

## **Marianne van Silfhout Gallery**

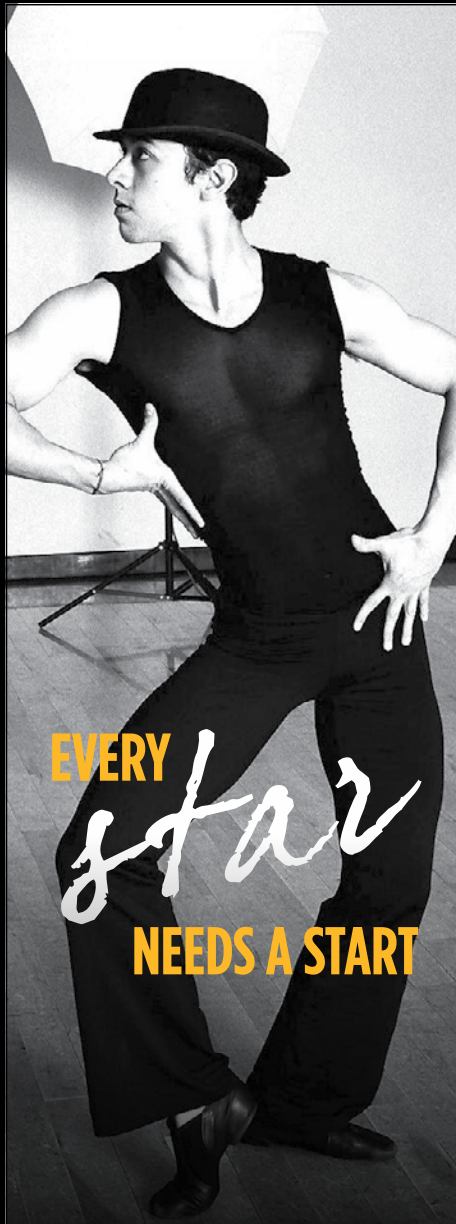
We invite you to discover our state-of-the-art community art gallery. For information on upcoming exhibitions, or if you are interested in exhibiting at the gallery, please call 613-345-0660, ext. 3636 or email [galler@sl.on.ca](mailto:galler@sl.on.ca).



**Marianne van  
Silfhout Gallery at**  
St. Lawrence College

2288 Parkedale Avenue  
**Brockville, ON K6V 5X3**  
T 613-345-0660, ext. 3636  
[www.stlawrencecollege.ca/gallery](http://www.stlawrencecollege.ca/gallery)





## EVERY star NEEDS A START

Become a friend today and help make dreams come true. *Friends of Music Theatre* are privy to special benefits.

Join today, go to  
[www.givetoslc.com/  
musictheatre](http://www.givetoslc.com/musictheatre) to make your  
gift and find out more.



St. Lawrence  
College

### Alumni News



### Casting a Net

Integrated Marketing Communications students were in Toronto in February for the annual Toronto Podcast 2014 Unconference, and while the conference itself may be unconventional, that doesn't mean there isn't time for some student/alumni networking. Pictured, IMC prof Robin Pepper with Adam Fraser (IMC, 2006), an account director for RAPP, who dropped by the reception to catch up with old friends and share his experience with students in attendance.

### 2006

#### Early Childhood Education – B Debbie Alward

"I attended St Lawrence College in Kingston through correspondence. Professors were always willing to help by phone, and give extended encouragement. I'm glad I attended."

### 2008

#### Graphic Design – K Joshua Gordon

If it wasn't for my time spent at SLC in the Graphic Design program, I would have never found my passion of visual story-telling as a graphic designer."

#### Practical Nursing – K Kyle Jones

"Completing (2014) an Honors Degree in Applied Health Sciences from UOIT. 2011 Provincial candidate for the Green Party of Ontario in Renfrew-Nipissing-Pembroke. Secretary for the Ottawa-Centre Green Party of Ontario Constituency Association."

### 2009

#### Veterinary Technology – K Shaylah Tuttle-Raycraft

"Married, Graduated from the University of Guelph with a BScH in Zoology. Currently pursuing an MSc in Ecophysiology and Conservation of Freshwater Mussels."

### 2010

#### Social Service Worker – K Elizabeth Gibbons

"Received the Margaret Cole Community Mental Health Award"

#### Advertising – K Elizabeth Mcallister

"SLC provided superior level of education; harmonizing theory and practice."

### 2012

#### Bachelor of Science in Nursing – B Asher Hanif

"Studying at St Lawrence College has been the most memorable experience I ever had. I gained valuable knowledge, experience and learning from my course instructors who provided me support while taking my program and even through my professional career."

#### Esthetician – K Ashley Macklin

"My sisters and I all went to SLC. I and Rebecca went to Kingston campus, and our sister Jessica went to Brockville. Rebecca and I were in the same year, Jessica was a few years before us."

#### Law Clerk – K Ann Thrasher

My husband and I celebrated our 25th wedding anniversary on February 15, 2014.



**Carpenter General – K**

**Michael Crowder**

"I had a great learning experience at SLC-Kingston. I had taken the Carpentry program as a second career choice as I am a chef by trade. Class sizes were perfect, and the teachings with the skills and trades professors were ideal for the field of carpentry."

**Veterinary Assistant – K**

**Rachel Creamer**

"I absolutely adore this course. The teachers are amazing. Unfortunately, I started during the Winter term. We were not announced as graduating with "honours" but merely "Provisional". We were not eligible for rewards AKA "highest overall grade average", which I was striving for."

**Hairstylist – K**

**Shannon Alexander**

"I loved being at SLC, it changed my life and gave me memories that I will never forget. I am still not done learning and I cannot wait to return to SLC for more education!"

**2013**

**Office Administration – Medical – B**

**Kelsey Arcand**

"I don't think any College can top the community created at SLC Brockville. The programs offered to support their students and the experience I had! Thank you very much to all companies offering bursaries and scholarships, the staff and the students who attended for such a wonderful experience!"

**Bachelor of Applied Arts - Behavioural Psychology - K**

"St. Lawrence was an amazing college - the faculty and staff always worked to help you as long as you helped yourself first. I would recommend St. Lawrence to anyone I had such an amazing and eye opening experience."

**Pierre Laframboise** - I attended Fast Track condensed managerial training at SLC. It was very comprehensive and the right fit for my busy schedule. Both of my daughters are SLC graduates of the Music and Digital Media program and Marketing and Advertising Program.



# KINGSTON FRONTENACS NIGHT



**GAME TIME 7:00 PM  
FRIDAY NOVEMBER 14  
AT THE ROGERS K-ROCK CENTRE**

**For St. Lawrence Alumni,  
Students, Staff & Friends**

Alumni get your discounted tickets in advance

**[stlawrencecollege.ca/kfrontenacs](http://stlawrencecollege.ca/kfrontenacs)**

**\$10**



  
**Alumni**  
St. Lawrence College

  
**St. Lawrence**  
College



# Passings

1972

**Business – C**

**Jean Menard**

Passed away surrounded by his family on Monday February 17, 2014 at the age of 61. Beloved husband of Rachel Guibault. Loving father of Stéphane and Daniel. Cherished grandfather of Mathieu, Alexandre and Gabrielle. Dear brother of Diane Ménard (Glenn McMillan), Linda Béland (Steve Findlay) and Paul Béland. He will be missed by his step-sons Daniel and Michel Paquette

1975

**Diploma Nursing – K**

**Barbara Tate-Morison**

Peacefully, surrounded by her family on November 2, Barbara passed away following a brave fight against cancer. Dearly loved wife of Jim Campbell of Odessa. Proud mother of Cara Morison (Mike Christie) and Brittany Moore (John). Loving grandmother of Nora and Lydia. Apart from her deep love of family life Barbara's passion was in her care of other people as a primary care nurse with the Kingston Family Health Team.

1975

**Nursing Assistant – K**

**Margaret "Joan" Amodeo**

Passed away suddenly on Friday, January 24th, 2014 in her 76th year. Beloved wife of Michael Amodeo. Loving mother of Marie Amodeo, Charles Amodeo (Julie Dittburner), and Josie Arbuckle (Peter). Grandma of Nathan and Daniel Amodeo and Stephen and Emma Arbuckle.

1976

**Business Administration -**

**Data Processing - C**

**Richard Martel**

The family announces with sorrow his sudden passing on Saturday December 7, 2013, at the age of 59. Loving father of Brian Martel of Sudbury, Patrick Martel and Alexandre Martel, both of Timmins. Richard was an employee of Mascioli Construction for the last 40 years. He lived for his boys, and would spend any free time he had with his family. Richard also loved to spend his time fishing.

1977

**Registered Nurse -**

**Management Skills K**

**Wendy Levee (Phillips)**

Wendy passed away with her family at

her side on August 10, 2014 at the age of 66. Beloved wife of the late Philip Levee and the late Mike Poirier. Cherished mother of Dave (Erin) and Tyler (Jessica). Grandmother of Molly, Cooper, Aleyna, Carter and Olive. Wendy was a R.N at the Kingston General Hospital and Brockville General Hospital for more than 30 years.

1978

**Child and Youth Worker**

**Karen Steacy (Cook)**

Suddenly at home on Saturday, December 21, 2013 at the age of 59. Beloved wife of Herb for 40 years. Loving mother of Mike and James (Karen Labern). Karen will be fondly remembered by all who knew her.

1982

**Fine Arts – B**

**Susan Tooker (Vogt)**

Peacefully on March 13, 2014, at her home in Brockville, at the age of 79. Born in Herbert, Saskatchewan, Oct. 21, 1934, to David and Katherine (Wiens) Vogt. Loving wife of William Henry Tooker and devoted mother to Lucinda Tooker (Tony Greenall) of Maple Ridge, BC, and Mark Tooker (Anne Séguin-Tooker) of Ottawa. A doting grandmother to Céleste, Anaïs and Isabelle Tooker. Susan graduated from the



primecomms.ca/locations

GET A COOL PHONE &  
**SAVE A COOL  
FIFTY BUCKS.**

UP TO \$**50** OFF  
SELECT SMARTPHONES  
WHEN YOU UPGRADE OR SWITCH TO A 2-YR SHARE EVERYTHING™ PLAN

LIVE LIKE NEVER BEFORE. 



VISIT us at any of our locations, today. 119 Princess St | Kingston Centre | Cataraqui Centre

Limited time offer, exclusively for St. Lawrence College alumni, students & staff; and only at participating Rogers Authorized Dealer stores indicated. Available until November 30, 2014. Discount of up to \$50 (not to exceed device purchase price) available with purchase of select new smartphones & new activation/upgrade on any 2-yr Share Everything plan. For existing Rogers customers, and for new customers, activating at participating Rogers dealer location(s) indicated, discount applied as a bill credit on customer's 2nd invoice, to offset applicable device purchase price. Ask in-store for full details. ™Rogers and related names and logos are trademarks used under license from Rogers Communications Inc. or an affiliate. © 2014

Brockville Psychiatric Hospital School of Nursing (1955) and St. Lawrence College Fine Arts program (1982). A prolific artist in pen and ink and watercolours. A founding member of the Brockville Artists' Studio, and member for over 30 years.

#### **Business Administration -**

##### **Data Processing – K**

###### **Michael Bramley**

Passed away suddenly of Lupus complications in São Paulo, Brazil on Wednesday, March 26th, 2014 at the age of 53. Cherished husband of Sandra Keitha Bramley (née Villeneuve) of Ohio. Beloved father of Michael Philip Bramley, Lloyd Douglas Bramley, both of Calgary, and Sarah Ann Bramley of Cincinnati. Michael graduated from Bayridge Secondary School 1979, St. Lawrence College Business Administration and Data Processing 1982, Queen's University Bachelor of Arts (Honours) 1996, and Queen's University Masters of Science (Statistics) 1998. Michael worked as a Clinical Trials Analyst at Procter & Gamble 1998- 2002; Senior Statistician Kendall International Inc. 2003-2006; and Senior Science Director Dunhumby USA 2006-Present.

#### **1988**

##### **Nursing - K**

###### **Karen Gagnon**

Peacefully passed away at St. Mary's of Lake Hospital with her husband by her side. Beloved wife of Robert Gagnon and loving mother of Erika and Ethan.

#### **1991**

##### **Basic Training for Skill**

##### **Development - Level III –C**

###### **Shirley Cooper**

Passed away peacefully at home on Tuesday, December 10th at the age of 66. Beloved wife of William and loving mother of Melanie (Tim) Cronkwright and Scott (Robin) Cooper. Precious grandmother of Brayden and Alex Cronkwright, Dawson Cooper, and Sabrina Lauzon.

#### **Fine Arts – B**

##### **Faculty, Fine Arts**

###### **Henry Vyfvinkel**

Husband, father, Opa, artist and teacher, passed away peacefully, surrounded by his family, at the Kingston General Hospital on Saturday, August 16th at age 79. Henry regrettably succumbed from lengthy complications following a serious medical operation he had in July. Henry

is survived by his beloved wife of 56 years, June; Father to: Susan (Jim), Linda (Brent), Karin (Dennis), Wendy (Tony), Tim (Tracey) and Tom (Patsy). Henry created the Summerarts program in 1972 which evolved to become the Summer School of the Arts for St. Lawrence College. A member since 1991, Henry was made a Life Member of the Canadian Society of Painters in Water Colour in 2009. He was nominated by St Lawrence College for the Ontario Premiers Award in 2005 for his work and contributions and also made an honorary Citizen of Lyn, Ontario.

#### **1992**

##### **Plumber - Basic – Apprenticeship – K**

###### **John Marshall**

Passed away peacefully at his residence on Wednesday, December 11, 2013. John Frederick Marshall at the age of 67 years. Beloved husband of Donna (nee Giacomini) and dear father of Carrie Dennis (Chris), Janet Marshall (Scott Martin), Jennifer Henry (Mark) and Johnny Marshall (Julie). Fondly remembered by his six grandchildren Lindsay, Jacey, Kaitlyn, Rylee, Jessica and Emma.

#### **1993**

##### **Nursing Assistant – B**

###### **Paul Wiekamp**

Paul died peacefully with his family at his side after a courageous battle with cancer. Paul Leonard Wiekamp in his 48th year, beloved husband of Angela Wiekamp (nee Merkley). Loving father of Cullen. Predeceased by an infant son Carsyn.

#### **1995**

##### **Home Support - Level II – K**

###### **Carole Frizzell**

Peacefully, at the Lennox and Addington County General Hospital in Napanee, on Monday, November 18, 2013. Carole Jane Frizzell (Brown) of Tamworth at age 70, went to be with her Lord and saviour. Beloved wife of Garry Frizzell and dear mother of Gary Jr. (Denise); Dan (Natalie Minaker); Lisa Detlor (Jim) and Tammy Webster (Paul) all of Tamworth.

#### **1996**

##### **Hairstylist –K**

###### **Debra Greenwood (Knox)**

Peacefully, on Friday February 28, 2014, at home surrounded by her loving family. Beloved wife and best friend of Shane. Loving mother of Caleb and Jocelyn.

#### **2000**

##### **Personal Support Worker –K**

###### **Sheila Sheridan (Fanjoy)**

After a courageous battle with cancer on Thursday November 7, 2013 at St. Mary's of the Lake in her 56th year. Loving mother of Chris Sheridan and Malissa Sheridan (Adam Deir). Cherished Grandma of Lucas, Seth and Scarlett.

#### **2001**

##### **Registered Nurse - Occupational Health Nursing – B**

###### **Esther Cavanagh**

Passed away at the Hospice at May Court on Monday, November 11, 2013. Esther Cavanagh of Kanata was predeceased by her parents Lawrence and Helen Cavanagh.

#### **FACULTY**

##### **Fine Art – B**

###### **Tobey Anderson**

Visual artist, cultural activist and avid fisherman slipped away from this life peacefully at the Stabler Centre, Niagara Hospice on February 9th, 2014. He was born in Washington, DC and raised in Clinton, Iowa before arriving in Canada in 1969 to take a teaching position at the Fine Art Department of St. Lawrence College in Kingston, eventually becoming Chair of the Visual Arts. In the late 1970s he was instrumental in the establishment of the Kingston Artists Association Inc., now Modern Fuel, an artist-run centre. He moved to St. Catharines after taking the position of Director at the Niagara Artists Centre (NAC) where he served the cultural community for eight years and was Founding Chair of the St. Catharines Culture Committee in 2001. As a prolific and internationally respected visual artist, Tobey left behind an impressive body of work, including The New American Century Project composed of over 150 portraits of Canadian casualties of the Afghanistan war. The Shock and Awe Trilogy, and DU Babies Series continued his exploration, which fearlessly exposed the human faces of the combat casualties, both military and civilian, and was the subject of national media attention. He is survived by his loving, long-time partner Carolyn Wren, and sons Luke Anderson and Dominick Abrams-Anderson who were all at his bedside when he passed. He is also survived by sons Tobey Jr., Jake, and his daughter Katie.

*(Passings are compiled from published obituaries and are edited for length)* ~~~



*Editor's Note: Photographer Bernard Clark (Visual and Fine Arts, 1985) took this photograph of Henry Vyfoinkel only three months before his death to be used on the Alumni @ Work feature that usually runs on this page. Henry remained an active artist until the end, still working on the piece pictured here. We did not finish our interview prior to his illness, and thus, have turned to his dear friend Marg Grothier to sum up a full and generous life in only one paragraph.*

# Memories of Henry...

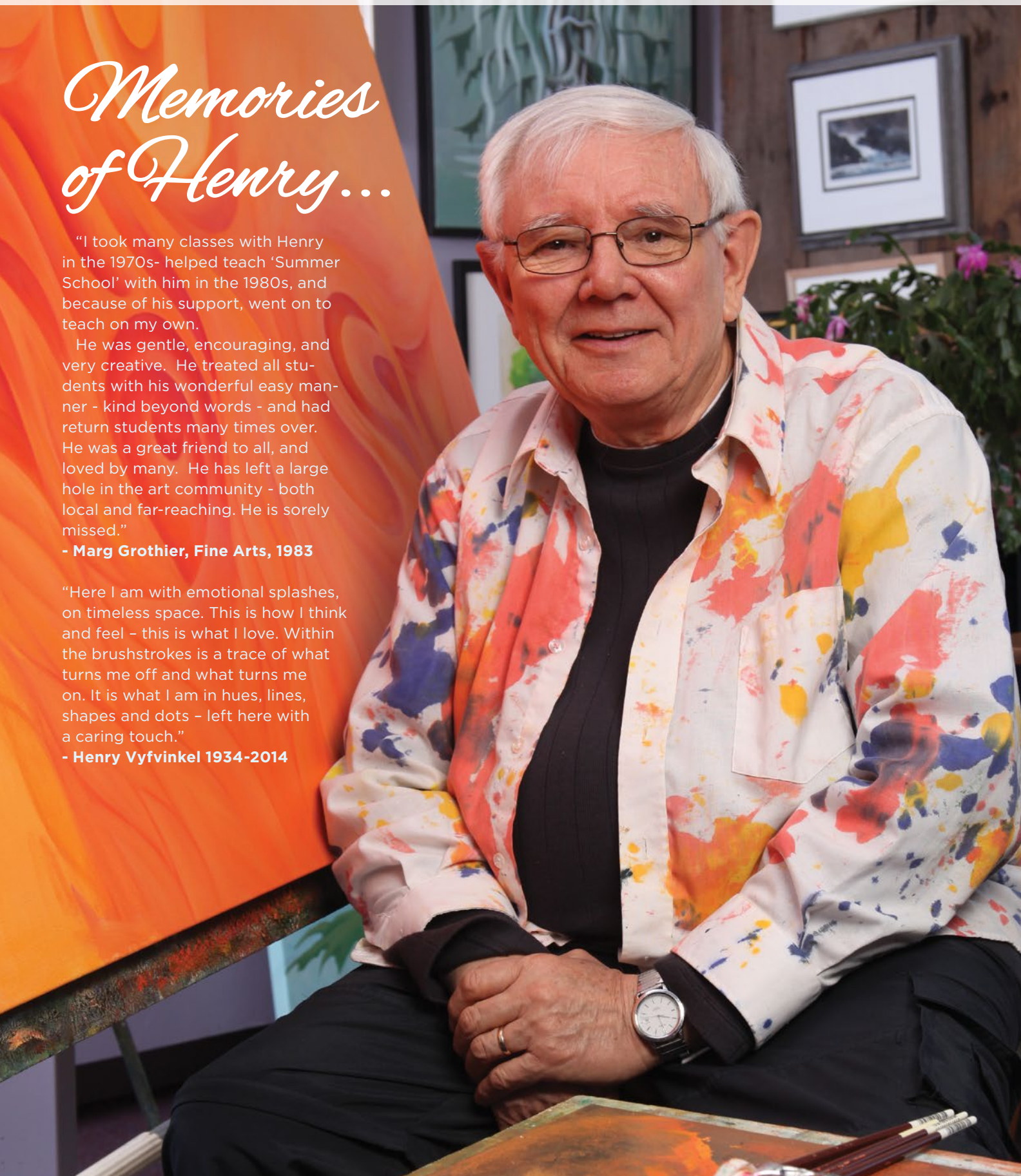
"I took many classes with Henry in the 1970s- helped teach 'Summer School' with him in the 1980s, and because of his support, went on to teach on my own.

He was gentle, encouraging, and very creative. He treated all students with his wonderful easy manner - kind beyond words - and had return students many times over. He was a great friend to all, and loved by many. He has left a large hole in the art community - both local and far-reaching. He is sorely missed."

**- Marg Grothier, Fine Arts, 1983**

"Here I am with emotional splashes, on timeless space. This is how I think and feel - this is what I love. Within the brushstrokes is a trace of what turns me off and what turns me on. It is what I am in hues, lines, shapes and dots - left here with a caring touch."

**- Henry Vyfvinkel 1934-2014**





# GOOD STUFF CHEAP!



## ALUMNI PERKS, JUST FOR YOU

### **CHEAP Movie Tickets!**

Movie tickets from Cineplex  
Odeon, Famous Players,  
AMC, Empire Theatres

### **CHEAP Sports!**

Raptors, Blue Jays,  
Toronto FC

### **CHEAP Accommodations!**

Edmonton, Calgary, Montreal,  
Niagara Falls, Toronto

### **CHEAP Live Performances!**

Tragically Hip, Coldplay,  
Wicked, Cirque du Soleil

### **CHEAP Attractions!**

CN Tower, Great Wolf Lodge,  
West Edmonton Mall,  
Toronto City Pass

### **CHEAP Services!**

Home, auto and life  
insurance, car rentals,  
CAA memberships,  
Travel discounts

Like us on Facebook, join us on Linked In or visit our  
website to keep up on the latest alumni benefits.

[www.facebook.com/stlawrencecollegealumni](http://www.facebook.com/stlawrencecollegealumni) • [www.linkedin.com](http://www.linkedin.com) •  
[www.stlawrencecollege.ca/alumni](http://www.stlawrencecollege.ca/alumni)





**TD Insurance**

You've paid your dues.  
Start paying less with TD Insurance.

## Graduates can save more.

At TD Insurance, we recognize all the time and effort you put into getting where you are. That's why, as a **St. Lawrence College** graduate, you have access to our TD Insurance Meloche Monnex program which offers preferred group rates and various additional discounts. You'll also benefit from our highly personalized service and great protection that suits your needs. Get a quote today and see how much you could save.

Insurance program recommended by



HOME | AUTO | TRAVEL

Request a quote at 1-888-589-5656 or  
visit [melochemonnex.com/slalumni](http://melochemonnex.com/slalumni)



The TD Insurance Meloche Monnex program is underwritten by SECURITY NATIONAL INSURANCE COMPANY. It is distributed by Meloche Monnex Insurance and Financial Services Inc. in Quebec, by Meloche Monnex Financial Services Inc. in Ontario, and by TD Insurance Direct Agency Inc. in the rest of Canada. Our address in Quebec: 50 Place Crémazie, Montreal (Quebec) H2P 1B6.

Due to provincial legislation, our auto insurance program is not offered in British Columbia, Manitoba or Saskatchewan.

®The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.