



## Marine Emergency Duties-Domestic Vessel Safety

**This document contains IMPORTANT/REQUIRED information to attend this course.**

### COURSE DETAILS

Available courses dates/times and fees click [here](#).

#### **Location**

Kingston Campus. You will receive the room location prior to the start of the training.

#### **Directions to campus**

Exit Hwy 401 at Sir John A McDonald Blvd.

Continue to travel south to Bath Rd, turn right

Turn left onto Portsmouth Ave.

Continue to St. Lawrence College parking lot, on right.

#### **Parking**

Parking on campus is monitored Monday-Friday, from 7am-8:30pm. Daily permits are available via the [Honk Mobile app](#). A Honk Station is located near the main entrance for quick and easy payment if you prefer.

#### **What to Bring**

Pen and paper; coveralls (old clothes) and stout shoes for firefighting; and bathing suit and towel for pool exercises.

#### **Lunch**

Food services on campus are limited, especially on weekends. Bring a refillable water bottle, snacks, lunch.

#### **Training Manual**

Provided.

## MEDICAL DOCUMENTATION -- **\*Required and must be submitted prior to course start date\***

The Marine Emergency Duties-Domestic Vessel Safety training is comprised of two days of classroom learning and one day of practical sessions outdoors and at an indoor or outdoor swimming pool. These practical exercises will involve physical activities including:

- Carrying and operating a portable fire extinguisher weighing up to 30 pounds (13.6 kg);
- Hauling pressurized hoses and operating a fire nozzle under pressure;
- Stepping from a pool deck into deep water while wearing a keyhole lifejacket and being momentarily submerged;
- Floating/swimming while wearing a keyhole type lifejacket or immersion suit (student is not required to be a competent swimmer);
- Righting overturned life rafts while wearing life jackets and/or immersionsuits.

**The medical report you submit should identify you are physically able to do the tasks related to this course:**

- Physical strength endurance;
- Any history of illnesses, phobias or medical conditions that may interfere with the above training.

You may submit a medical note from your Physician indicating the requirement above or use the **Medical Fitness Report** form provided [here](#).

## PARENTAL CONSENT – **\*Required by participants under 18 years of age\***

Complete the **Parental Consent Form** provided [here](#).

## Questions?

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