

# Things to do in Nagoya and Central Japan

## Nagoya

Nagoya is the largest city in Central Japan. It is Japan's third-largest city. Approximately 2.3 million people live in the city.



Nagoya Castle



Atsuta Shrine

Nagoya's two most famous sightseeing spots are Atsuta Shrine and Nagoya Castle. Nagoya Castle is an icon of Nagoya and one of the very important castles for the Tokugawa shogunate. The construction was completed in 1612. The best-known feature of Nagoya Castle are the Kinshachi golden dolphins on either end of the topmost castle roof. The northern one is male, has a height of 2.621 meters, weighs 1,272kg, and has 112 scales with 44.69 kg of gold. The southern Kinshachi is female, 2.579m in height, weighs 1,215kg, with 126 scales and the weight of its gold is 43.39kg. Both Kinshachi are covered with eighteen carat gold.

Atsuta Shrine is a Shinto shrine and believed to have been established during the Emperor Keiko era (AD71-130). The shrine's treasure hall houses over four thousand relics, which include one hundred seventy four Important Cultural Properties and a dagger that is a designated National Treasure of Japan. Besides the June festival, there are over seventy ceremonies and festivals held annually at the shrine.

Nagoya has many museums, including traditional and modern art. Some excellent museums are the Tokugawa Art Museum which is a private museum belonging to the Owari Tokugawa clan, who lived in Nagoya Castle for 16 generations, Nagoya City Art Museum, Toyota Automobile Museum, Nagoya City Science Museum which houses the largest planetarium in the world, and the Aichi Ceramic Museum.



Nagoya City Science Museum



Nagoya City Museum

名古屋



## Other interesting spots to visit

- ◆ Port of Nagoya Public Aquarium
- ◆ LEGOLAND® Japan
- ◆ Meiji Village
- ◆ Little World
- ◆ Inuyama, Okazaki and Gifu Castles
- ◆ Outlet Malls
- ◆ Nagano and Hakuba ski resorts
- ◆ Gokayama and Shirakawa Villages (World Heritage)
- ◆ Mt. Fuji (World Heritage)



Mt. Fuji (World Heritage)



Port of Nagoya Public Aquarium



Nagano and Hakuba ski resorts



LEGOLAND® Japan



Shirakawa-go



Osu Kannon



Inuyama, Okazaki and Gifu Castles

### Festivals

There are many festivals and events including the June Atsuta Festival, the July Port Festival, the August Nagoya Castle Summer Festival and October Nagoya Festival. Nagoya also hosts the World Cosplay Summit and Street Performer's Festival among other unique events.

### Cuisine

The Chubu region is known for its unique local Nagoya cuisine and café culture. The historical contact between other regions in Japan, climate, vegetables and other ingredients give Nagoya cuisine its unique features.



### Transportation

Chubu Centrair International Airport (NGO) has a high volume of international and domestic flights. Nagoya station, the world's largest station by floor area, serves the Shinkansen and several JR lines, Meitetsu and Kintetsu private railways, Nagoya city subway lines and highway buses. Because Nagoya is located in the middle of Japan's main island, it is easy to get to Tokyo, Osaka, Kyoto, the mountain town of Takayama, Ise-Shima islands in Mie Prefecture and even the Japan Sea side.



### Sports

There are various sports to join and watch around NUFS. Nagoya is home to several professional sport teams. Chunichi Dragons is in the Central League and one of the most respected teams in Nippon Professional Baseball. Its headquarters is Nagoya Dome where not only baseball games but concerts and various events are held throughout the year. Other major sports events in this region are a main Sumo tournament in July, The Crowns Golf Tournament, and Nagoya Marathon. In 2026, Nagoya will host the Asian Games.

### Anime and Cartoon Culture

At the 2005 World Expo site located very close to NUFS, there is the Satsuki and Mei House which is the house in the movie My Neighbor Totoro. There are a few scenes in the animated film The Wind Rises by Hayao Miyazaki set in Takayama, which is less than two hours by train from Nagoya.

The World Cosplay Summit is held each summer. There are various events during this time around Osu Shrine.

### Shopping

There are various shops in Nagoya from the world top designer brand stores, large shopping malls, department stores, local shops and flea markets. Around Nagoya and Sakae stations are two big spots for shopping. There are a few large shopping malls like the AEON mall in the Chubu region.

住めば都

## STUDENT EXCHANGE PROGRAM NAGOYA UNIVERSITY OF FOREIGN STUDIES



名古屋外国語大学

# University Information



Nagoya University of Foreign Studies (NUFS) was established in 1988 as the only foreign language university in Central Japan, with the educational philosophy of human education and practical learning. With approximately four thousand students enrolled in ten faculties at four undergraduate schools and the graduate school, NUFS has grown into a mid-scale university. NUFS shares its campus with its sister university – Nagoya University of Arts and Sciences (NUAS) – with the total number of students in the two institutions amounting to seven thousand.

NUFS puts its effort into receiving exchange students from overseas partner institutions. Our exchange students come from over a hundred universities around the world. By providing opportunities for our domestic and international students to study together, we hope they will learn from one another and deepen their understanding of foreign cultures as well as their own, in order to foster the ability to think and act with a global mindset.

Through its broad-ranging and rich curriculum, NUFS aims at fostering students with deep expertise and high linguistic proficiency, able to engage with the society with empathy and from an international perspective. One of the challenges Japan faces as a rapidly internationalizing nation is how to build a society wherein Japanese and foreign residents can live harmoniously side by side. Further, fostering human resources with a rich global perspective able to flourish on the globalized scene is yet another social challenge. With four hundred domestic students participating in study abroad programs at NUFS's partner institutions every year, NUFS ranks 1st in Central Japan and 6th nation-wide in terms of the number of students sent overseas to study.

The Organization for International Education and Cooperation (OIEC) is the parent organization for the International Institute for Japanese Language Education (IJLE) and the International Office. IJLE offers the Global Japan Studies Course and the Japanese Language Course to exchange students and provides multiple opportunities for hands-on extracurricular activities.

**Accreditation** All the academic programs at NUFS are approved by the Japanese Ministry of Education, Culture, Sports, Science and Technology.

**Published by NUFS February 2024**

Information contained in this publication was correct at the time of publishing; however, the University reserves the right to alter any course, procedure or conditions. Prospective students should check for any amendments before submitting an application.

# Incoming Study Abroad

## Global Japan Program (GJP)

NUFS offers two main courses for the students from overseas partner universities. The courses are designed to improve Japanese language skills and gain knowledge about Japan from a global perspective. GJP offers a wide variety of classes categorized into the two main courses: Global Japan Studies Course and Japanese Language Course.

## Global Japan Studies Course (GJSC)

International students together with NUFS domestic students can gain a better understanding of the global society and Japan from two sides: how the world sees Japan, and how Japan sees the world. All classes in the GJSC course are taught in English.

### Three Blocks of GJP

1. Classes focusing on language and culture
2. Classes focusing on business and society
3. Special Courses with hands-on experiences

Classes cover a wide variety of topics focusing on the historic heritage and traditional culture of Central Japan with its main city of Nagoya, as well as technological innovation and corporate management in the local industry, namely Toyota.

There are two categories. L1 classes for international students with native or near-native English proficiency, and L2 classes that are principally for domestic students, but are open to international students with less advanced English proficiency. Non-English native international students are expected to choose either type of class based on a self-evaluation of their own English level. Domestic students who join the L1 classes have usually studied abroad themselves, or have an adequate English proficiency level to be able to communicate with the international students and exchange ideas on the various topics introduced in these classes.

## Japanese Language Courses (JLP)

The JCP offers Japanese language classes on various levels. It is characterized by thorough support and supervision provided to the students by well experienced and highly qualified Japanese language instructors. By taking advantage of being immersed in the Japanese learning and living environment, students taking the JLC can rapidly expand their Japanese proficiency.

## Accommodation

Global Japan students stay in NUFS-provided apartment buildings. All housing facilities are located at a walking distance from the campus (maximum ten minutes). Facilities are comprised of studio apartments allowing students to cook their own meals. All rooms are designed for single occupancy and are equipped with private toilet and bathroom, bed, desk and other furniture. NUFS domestic students serve as Residence Assistants (RAs) working together with the facility caretakers to ensure that international students receive the assistance they require. Each housing facility holds various events, so that students can have an enjoyable and fun stay during their study at NUFS.

**NUFS International House (I-House)**  
**NUFS-NUAS Residence**  
**NUFS Global Village**

### Accommodation Facilities and Costs (2022)

Name	Cost per Month (including utilities and internet)	Non-refundable application fee
NUFS International House NUFS-NUAS Residence NUFS Global Village	¥35,000	¥10,000

## Scholarships

In order to ease financial concerns and to foster international exchange activities, NUFS will make either of the following scholarships available to incoming exchange students from partner universities/colleges.

- 1) **NUFS original scholarship** is offered to all exchange students from our partner institutions. **The monthly stipend of ¥60,000** covers the students' accommodation expenses as well as other basic daily life expenses.
- 2) **JASSO Exchange Student Support Program** is a government-sponsored scholarship awarded to students with exceptional academic achievements. This **monthly stipend of ¥60,000** is dependent on availability. Upon receiving information on available scholarships from JASSO, NUFS will select eligible students and apply on their behalf, so students are not required to submit JASSO scholarship applications before their arrival in Japan.

<https://www-e.nufs.ac.jp/interchange/>

# Outgoing Study Abroad for NUFS students

Nagoya University of Foreign Studies (NUFS) is the only university specializing in international studies and foreign languages education in the Chubu (Central) Region of Japan. Our programs aim to develop students with genuine international and global perspectives through a distinctive education system; language, liberal arts and specialized education. We offer small-group teaching, which takes place in groups of four students and a native teacher for all major language courses, so that students can acquire genuine language skills. NUFS, which has more than 300 foreign teachers and students from all over the world, has an international campus that is integrated in the following five domains: study abroad programs; active learning; native speakers; career support; and an international campus. It belongs to the Association of 7 GAIDAI (Foreign Studies Universities) in Japan. It ranked 74th in the THE (Times Higher Education) Japan University Rankings 2019 and ranks 9th in their pillar of internationalization among about 750 universities.

Depending on each student's plans and needs, NUFS students can apply for a variety of programs delivered by overseas partner universities. TESS (Total Expenses Support System) removes to pay students need to pay the fees and cost for both NUFS and to the partner university. Programs NUFS offers to the students are,

- TESS I Double Degree / Diploma Program
- TESS II Standard (one semester or year-long Study Abroad Program)
- Students can join the English Language Program or/and Study Abroad Program.
- TESS Special Programs (Airline, Disney program, Hotel internship program)
- Independent Study Program (students can choose the institution where they want to study on their own.)
- Faculty-led Short-to- Medium Term Programs

## SCHOOLS AND DEPARTMENTS

<b>School of Foreign Studies</b>	<b>School of Contemporary International Studies</b>
<ul style="list-style-type: none"> <li>• Department of British and American Studies</li> <li>• Department of French Studies</li> <li>• Department of Chinese Studies</li> </ul>	<ul style="list-style-type: none"> <li>• Department of English and Contemporary Studies</li> <li>• Department of Global Business</li> <li>• Department of Liberal Arts and Global Studies</li> </ul>
<b>School of Global Governance and Collaboration</b>	<b>School of World Liberal Arts</b>
<ul style="list-style-type: none"> <li>• Department of Global Governance and Collaboration</li> </ul>	<ul style="list-style-type: none"> <li>• Department of World Liberal Arts</li> <li>• Department of International Japanese Studies</li> </ul>
<b>Graduate School</b>	
<ul style="list-style-type: none"> <li>• Master's Program</li> <li>• Doctoral Program</li> </ul>	

<https://www-e.nufs.ac.jp/dept/>

### International Office (IO)

The International office serves both outgoing and incoming students as a one-stop spot. The office assists students with admissions and student services for domestic and international students. Both IO and NUFS Student Services provide a variety of events and services to allow domestic and foreign students to make the most of their time at NUFS. IO is the initial point of contact for institutional relationships with the partner universities and their students.



### International Office <mailing address>

Nagoya University of Foreign Studies  
 57 Takenoyama, Iwasaki, Nisshin, Aichi 470-0197 Japan

**email: na-info\_gg@nufs.ac.jp**

**Phone: (+81) 561-75-1756 Fax: (+81) 561-75-1757**

<https://www-e.nufs.ac.jp>